

Carlos Xuma's Natural Attraction Blueprint

- WEEK 4 CHECKLIST -



CHECKLIST:

This week's objectives:

- *To complete your approach plan...*
- *Get continuing results with your blueprint and meeting women...*

By the end of this week, you'll know your approach blueprint end-to-end, as well as have even more experience in putting it into practice.

STEP 1: Watch the Natural Attraction Blueprint **Week 4 Video Presentations**
Available from your membership console

STEP 2: Listen to the Natural Attraction Blueprint **Week 4 Audio Tutorials**
Available from your membership console

Complete these **Week 4 Exercises:**

STEP 3: Escalation Workshop

STEP 4: Complete the Goals Worksheet

STEP 5: Complete the Approach Report form for at least one approach.

Optional STEP 6: Complete the "Wheel of Life" Worksheet.

We'll be finishing up all outstanding work, as well as giving you the confidence to take this plan forward. I want to leave you with a solid plan that you can now use to take action confidently into your future.

Please remember that all homework should be completed by Friday, 12:00 Noon. (Including any outstanding exercises or work.)

Your primary goal is to get out and talk to women, in any way possible. That's where you'll get the most significant understanding of the material, and the most gain in ability.



IMPORTANT NOTE:

I am ready, willing and able to help you with EVERY PART of this week's homework assignment!

If you need any assistance at all with this week's assignment, login to the coaching center at: <http://www.carlosxuma.com/blackbeltcoaching/> and let me offer suggestions, give feedback, etc., for each of these assignments. If you need help, I'm here!

(Or if you have any questions about the lesson at all!)

Remember, you are entitled to ask ONE QUESTION PER DAY (Monday-Friday) related to the current topic for me to personally answer... so use this coaching access!

Stay Alpha!

Carlos Xuma

Alpha Lifestyle Coach

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