

Remote Control Attraction:

How To Make Your Relationship Cheat Free By
Turning Your Girlfriend On **With Your Phone**



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Introduction

When I started creating the Calling Women and Texting Women Program, I knew that I HAD TO give you tips for calling women and texting women when you're in a relationship **or** when you've been on several dates with someone.

Why?

Because it's the biggest challenge I faced when I learned how to call women and how to text women. It's the biggest challenge most of my fans mention after they've mastered getting dates with their phone...

Think about it: with my Program you now know it's pretty damn easy to ask women out over the phone, text them until you go on a date, talk to them a couple times before you take them out for an awesome date.

But what happens AFTER that first date? Women WON'T stop calling you or texting you. Fugget about it.

Hell, when you're in a relationship? It's very likely that you will call and text your girlfriend more times than the number of dates you go on.

That's where the challenge starts:

How do you KEEP saying things over the phone that create attraction? How do you KEEP your girlfriend interested when you call and text her?

And don't think you're "off the hook" when you're not in a relationship yet but have been on a date with a hot lady several times. You will be challenged too.

I really want to drive my point home here, so hear these scary statistics...

One out of 3 women (so 33% of all women) thinks about cheating on you when you're in a relationship with them. It's not because they're unfaithful sluts. No. It's because 1 out of 3 times men don't know how to satisfy a woman mentally and most of all: sexually.



And here's a juicy secret: when you're NOT living together with your girlfriend or married to her yet, she's not always around. Whenever she's not around, you mostly talk to her with your phone: calling or texting.

Calling or texting feels like it's more personal than chatting online, so the majority of couples everywhere prefer using their phone to talk to each other over chatting online.

Do you realize what this means?

It means that your phone is the most important tool for keeping your relationship cheat free when your girlfriend is not with you in person.

So this ebook isn't just another cool collection of tactics and techniques to "get the girl" or to "keep the girl". You don't have a choice to use method A or method B or nothing at all. No.

You NEED to use the insights me and Zach will be sharing you inside this ebook or you will FAIL to keep your girlfriend interested every time she's not with you.

People think the most about their life and if they're happy or not when they're alone. You want your girlfriend to think the right things and love you to death when you're gone. Am I right?

Then please, please use the insights me and Zach are about to share with you. It's for your own good... and with this ebook:

- With this ebook, the chance your girlfriend cheats on you drops to almost 0% because you will know how to keep her interested when she's not with you
- With this ebook, you will boost the attraction using your remote control (your phone) so much that your girlfriend can't wait to see you, BEGS you to come and see her, almost jumps on you to have sex when you do see her, and falls in love with you even more than before
- With this ebook, you will truly become a master of calling women and texting women. Mastering calling women is mastering one third of the dating game, because the dating game is nothing more than: approaching => calling => dating!

Use the insights I'm about to share with you whenever you can, wherever you can. See this as one big workbook with exercises that help you keep your relationship fit.



First, I'll share my personal story and what you can learn from it, and all the things I've learned about calling and texting women in my relationship with Naisa (my girlfriend for 3 years) and past relationships.

Then, Zach will take you on a sexual journey by showing you 10 lessons that give you a girlfriend who almost jumps on you to have sex as soon as you see her. He will show you just how to do that... with your phone!

I hope you'll enjoy this ebook and please keep visiting the blog for TONS of free dating tips and new blog posts with advice every week on:

www.Win-With-Women.com

Enjoy the ebook and I'll talk to you soon!

Stay Alpha...!



Carlos Xuma
Win With Women



Chapter I: My Personal Story

If you would ask me 7 years ago if I could give you some tips for calling and texting women? I would laugh in your face and probably roll over the ground by suffering from a severe case of the laughing my ass off disease.

Why?

Because I SUCKED at calling women and texting women. I couldn't call a woman without getting nervous, without stuttering, and without awkward silences. Have you ever had any of these problems? Then you know how it felt: terrible.

That's why I preferred to chat with women online over talking to them via the phone for a loooong time. But deep down?

I knew I had to improve my calling skills if I ever wanted to be successful with women. So, I started working with call-centers, and compiling tips from guys who also worked in them.

It made me master the first phonecall, simply because I HAD TO talk to 30-50 people almost every day for **years**. That's a lot of first phonecalls: in the thousands...

And it got me so much dates for 4 years straight that I've lost count...

That's the first lesson right there: if you REALLY want to improve your life, do anything to attract the circumstances that will improve you. It's all in the lifestyle:

Suck at approaching women? Try to get a (second) job as a guy who needs to approach people for a survey or who passes out flyers for some stupid nightclub.



Suck at calling women? Try to get a (second) job in some lame call-center.

You'll thank yourself later. Hell, if I did NOT go as far as this with improving my life? I wouldn't be writing this ebook for you right now.

Anyways, deep down there was a problem for me with calling women...

As soon as I had been on several dates with a woman or ended up in a relationship? I still sucked at calling and texting, because what's more difficult:

Attracting a woman long enough to sleep with her once... OR...

Attracting a woman all the time to sleep with her whenever you want?

You know the answer to that question: keeping women interested is and always will be much more difficult than playing the one night stand game.

I only achieved complete mastery of calling women and texting women when I started to see and test patterns:

When I do A, women usually respond like XYZ. When I do B, women DON'T respond... and so on...

Thanks to the patterns I was able to meet my current girlfriend Naisa and keep her without much effort for 3 happy years...

And guess what?

I'm about to make keeping your girlfriend interested in you so much easier, because I want to share ALL of these patterns with you in the next chapter of the ebook.

Understand the patterns and you'll understand how to create remote control attraction that keeps your relationship cheat free.

You're about to see how 90% of girlfriends respond (or don't respond) when you do A, B, C and so on when you call or text them.

I have all the women I've met, dozens of fans that tested this for me, and some of my friends who also give dating advice to thank for perfecting the insights you'll discover in the next chapter...



I can almost hear you think: "Why is Carlos going on and on about some stupid patterns? How do I know if I can use them?"

It's simple: if I show you how relationships work or can be made to work with your phone, then why learn techniques? You'll be able to create your own techniques because you'll know WHY your girlfriend does or doesn't do stuff.

And like I always say: I don't want you to be my clone. You're not me. You're unique. I want to show you the field you're playing on, but how you play the game is totally up to you.

Chapter II: Calling & Texting In A Relationship

I'm excited, because I've so much awesome insights to share with you! Let's get started right away...

When Your Phone Becomes A Habit...

You, as a human being just like me, are a creature of habit. Recent studies have shown that an amazing 95% of our behavior happens subconsciously. You programmed yourself to do certain things and do them without thinking. That's what habits are.

Habits make life easier: you free up energy and time for other things, because you do all your regular activities without thinking too much about them.

But with calling women and texting women? Habits SUCK. Habits sneak into your relationship and make your girlfriend lose her interest in you.

Examples of calling/texting habits:

- Every night before you go to sleep you send your girlfriend a goodnight kiss with a text message
- Whenever you're done at work every day you call your girl
- Whenever you wake up you text your lady to ask how she's doing and what she's going to do today

After you do this stuff long enough, your girlfriend will start to expect it. She will get used to it. She will be able to predict EXACTLY when you'll call or text.



And guess what dude?

Habits make you BORING in not so obvious ways. They make you predictable.

When you always call or text at the same time or to ask the same stuff, it becomes a habit for your girlfriend as well...

And that means she doesn't have to consciously think about it OR you anymore.

Not having to think about something means not being interested in it. Think about it: when your favorite sports team plays, you're interested as hell and consciously think about what's happening, right?

But what happens when your girlfriend wants to watch some stupid show like Bold And The Beautiful or The Hills on MTV? You zone out: it doesn't grab your attention, so you're not interested. Same thing with relationships: interest is conscious thought. Not interested is not thinking about it.

The ultimate proof: bad boys, the most attractive men in the world, are unpredictable for life. That gives you a major clue about why being predictable is bad and why unpredictability is good:

Being unpredictable makes you exciting, fun, grab her attention, it makes her work for you like you're the most hard to get guy on the planet... and so on.

You need to be AT LEAST a bit unpredictable to keep a woman's interest.

That's why breaking habits can keep your girlfriend interested and as far away from cheating on you as possible. Want proof? Let's see what happens with the examples I gave before:

- You usually text your girl before going to sleep, but all of a sudden you don't text at all. She will wonder why. She will wonder if she did something wrong. She secretly wants to know why you didn't give her that attention so she will try to get your attention by texting you!

- Whenever you're done at work every day you call your girl, but now you don't call. She wonders if something happened to you or if it's her that's the problem. Again, she will try to get your attention to see what's up.

- Whenever you wake up you text your lady to ask how she's doing and what she's going to do today, but now you don't. Same as above: she doubts herself



subconsciously and tries to get your attention again because she deep down fears she may have lost it...

As you can see: breaking one of your habits of calling and texting, means your girlfriend will start to have doubts, becomes curious why you didn't do what you always do, and ultimately tries to get your attention.

Do you see what happened here? You immediately get someone's attention back when you break a calling or texting habit.

The first step towards keeping your girlfriend interested is breaking your habits every now and then:

Don't do what you always do with calling or texting once a week or do it way more than usual on the same day and you'll have your girls attention...

When You Get To Know Each Other...

Lots of men come to me and ask: "Carlos, how do you create attraction when a woman knows so much if not EVERYTHING about you? Don't relationships make boosting attraction incredibly difficult?"

The answer is counter-intuitive: NO. Hell, relationships don't make creating attraction more difficult because your girlfriend knows you extremely well. They make it EASIER.

Why?

Because your girlfriend is used to hearing your stories from start-to-finish. She knows all your stories of the past from start-to-finish, because couples share their life's stories with each other all the time.

That's why being mysterious works really well when you're in a relationship.

In case you've never read my Simple Inner Game System: being mysterious creates attraction, because you clearly let women know they have to work to get to know you better.

Women love men who are hard to get (or understand), because 99% of the men out there chase them around and are thus very easy to get! Being hard to get makes you different.

Being mysterious is attractive because of human psychology as well: humans are



curious by nature. They want to know the full story.

So when you're in a relationship, you simply don't share the full story all the time. It's real easy to do:

- When your wife/girlfriend asks how your day was you tell SOME of the things you did and end with "and I did some other cool stuff too." And then you never tell her.

- When you're telling a story or answering a question she asked, you stop halfway and then say you'll only tell her for a kiss... and then you say you lied and won't tell her.

Do you see what's happening here?

Your girlfriend goes from hearing everything and knowing everything...

To knowing bits and pieces. She suddenly has incomplete information.

The result: she becomes very, very curious. You got her attention now. She will wonder why you didn't tell her. Deep down, she will even get a little bit insecure if you don't tell her everything all the time... because you used to do it and now you don't. That leads to her thinking if it's because of something she did...

That's why being mysterious is one of the best things to do in a relationship: your girlfriend will CHASE YOU more and more because she feels she needs to work more to hear the complete story again.

You may think: "What has calling and texting women to do with this, Carlos?"

Simple: whenever your girl is not around you usually talk over the phone or via text messages. So, there's a certain distance there. Distance intensifies the effect of being mysterious:

Your girlfriend can't get the complete answer from you... AND she's not with you in person to see what you REALLY mean or to persuade you to tell her everything.

That intensifies all of the things that happen when you're mysterious: the little insecurity she feels, the attention she wants, the interest in you...

An Active Disinterest



Every guy hates his ex. A lot. And I do too, but my ex Tatjana taught me an important lesson...

She didn't have a lot of money so whenever we were texting back and forth? She would try to put as much into one text message as possible to keep her phone bill low.

She for example would try to put as much activities of her day into 1 text when I would ask about her day. But whenever I didn't reply to one of those activities or ask her to tell me more about it?

The question she asked was: "Don't you want to hear about my ... lessons today?"

Better said: she would literally ask me why I didn't reply to or ask about everything she said. She would chase me with text messages (and sometimes even a phone call) because she deep down feared I lost interest a bit.

That's what made me realize the power of active disinterest.

Women talk. A lot. Whether it's on the phone or in text messages, they talk their butts off.

Can you imagine what happens if you DON'T reply to everything your girlfriend says or DON'T reply at all?

Your girl will start to wonder if you're losing interest in her or worse: if you are just not interested at all anymore. Maybe she gets a little upset at first, but she loves you, so she will try to chase you to get ALL of your interest again.

If you're busy chasing someone, you're too busy for someone else. Losing interest in you or cheating on you won't EVER cross her mind if she's trying hard to keep YOUR interest because she loves you.

It's as simple as that.

I recently shared this insight at a seminar and this guy tried to get into a verbal argument with me. He said:

"Carlos, it sounds to me like you're manipulating women, like you're hurting women by not giving them the attention they deserve."



Yes, it sounds like that. BUT... the dating game works like that you dumb ass!

Here's the deal: would you give your girlfriend a little less love today so she loves you more tomorrow? Would you give her a little less attention today so you two are happier tomorrow?

You're not a jerk by showing you're not interested all the time. You're being smart. Because you can talk crap about morals and manipulation all day long, but the reality is this:

If you're always available for a woman, you're a good friend. You're NOT trying to be a good friend. You're trying to be and STAY her lover.

There's an important thing about attraction and love you need to understand...

Understand that friendship is based on cooperation. Attraction (and love) is based on conflict. Conflict is nothing more than high tension, and attraction is sexual tension. As you know: the more sexual tension the better, so conflict needs to be present whether you like it or not.

Sexual tension (conflict) is created when you want and do something different than what your girlfriend wants or needs. Very important. Remember it.

Creating attraction isn't about morals, manipulation, or what your programming thinks is right or not. It's about what works to create sexual tension. Whether you like it or not is irrelevant, because it still works if you don't use it!

So how can you be actively disinterested with your phone to keep the sexual tension going? Here's how:

- If she mentions several things she did in a text message or over the phone? Only reply to some, but not all of them.
- Sometimes when she calls or texts you? Simply don't reply or answer the phone. Text her much later that day or the next day and tell her you were busy.
- Sometimes DON'T end every phonecall or text with a kiss or an "I love you". If you want to keep your relationship, then there always needs to be an element of conflict. Sexual conflict. Sexual conflict = attraction, remember?

The New Version Of Opposites Attract...



Ahhh don't you just love television, movies, school, society, and your parents?

Don't you just love the way these factors all raised you with what they EXPECT from you instead of with what the world really is?

Allow me to explain...

You're a man. In our modern day society you are brought up to believe that you're supposed to "score" a woman. You need to do some chasing, some showing of your interest with materialistic presents, and the list goes on and on...

But it can be summarized as: men chase and make an effort of getting women. Women are chased and choose the best mate.

It's how the animal kingdom works, but lucky for you the dating game no longer works for us like that anymore!

You see, what happens when you start to play hard to get while all other men a woman met chased her around? She thinks you're more interesting than all those other guys who are nothing but insecure losers to her.

And this reality of the dating game is much bigger than you think: there's an entire new version of why opposites attract. And it's not what you think it is...

People will tell you that opposites attract means that quiet types are attracted to loud people, intellectuals are attracted to emotional people, and I don't know what else.

Meanwhile opposites attract really means that you're attractive when you reverse roles with a woman (your girlfriend): she chases you and you're chased.

I already shared several insights on how to have your girlfriend chasing you. But it's time to get more confident. A lot more confident:

- Instead of YOU calling her all the time, tell her you want her to call you at ... (fill in the time on the dots)

- Instead of waiting for her to call or text, tell her that she maybe gets a special little reward if she calls or texts you at ... (fill in the time on the dots)



It creates mystery as to WHY you want her to do that, but it's also being dominant. Dominance is attractive to women to the point where men are SEEN as dominant when you ask for typical traits of men and women.

Women love you if you lead them, so lead your girlfriend.

It's time to take things one step further one more time:

- Whenever she hints that she wants sex during a call or text, accuse her of seeing you as nothing but a piece of meat. Women always say we think that way about them, so it's fun to turn things around and accuse her of being a sexual pervert.

- Whenever she asks during the call if she can stay for the night, tell her she can only sleep next to you if she keeps her hands to herself because you know exactly how women really are. Again, it's what women think of women so reversing it attracts her. She needs to chase you then...

- Whenever she talks about drinking with you in a text or call, accuse her of trying to get you drunk so she can take advantage of you and rape you.

Stuff like that works every time.

And while the majority of men say "YES" to whatever women say, think, or ask, you should do the opposite and say "NO".

I call it and what you're about to discover the "Pareto Reversal."

There once was an Italian economist who discovered that 80% of the population controlled only 20% of the wealth and that 20% of the population controlled 80% of the wealth in the country.

He did further research and quickly discovered that his Pareto Principle was also true for businesses (20% of customers give the business 80% of the profits) and other areas of life.

So here's what you do: whenever you call or text and tend to say "YES"? Say "NO" or disagree 80% of the time and say "YES" only 20% of the time. You'll be doing the exact opposite of what most men do.

The result?



Let's just say that Tom, the first student ever to try my Pareto Reversal?

He had women trying to have sex with his leg in the club on the first night he tried it. He had women chasing him around in that venue. He almost got scared of how effective it was, because women couldn't leave him alone!

Needless to say, be different than most men. "Keep the girl" by using the Pareto Reversal with your girlfriend: say "NO" and disagree 80% of the time and say "YES" only after thinking twice.

Did you expect to discover all this when I said there's a new version of opposites attract?

No?

Yeah I thought so!

And now you know some of the principles of how to make your relationship cheat free by using your phone, it's time to look at some techniques.

On a sidenote: everything I've covered so far can also be used WITHOUT your phone. Try it for yourself as soon as possible. Promise me you will try it!

I highly recommend you see for yourself what works best for you... and that you then keep doing what works.

Don't give up after trying only once buddy, because as I always say:

"How can you beat someone who never quits? You can't, which is why the winners in life are persisters and the losers are the quitters!"



Chapter III: Tactics To Keep Your Relationship With Your Phone

Wew! Look at what you've already discovered about calling women and texting women in a relationship so far:

- Why breaking your calling and texting habits is a MUST
- Why being mysterious keeps your girl interested for as long as you want
- How NOT being interested can be a good thing
- Why opposites attract means something different than your friends & family told you

And now it's time to dig in and show you some tactics. I'm about to show you some conversational techniques that you will find to be very useful.

At the start of this ebook I said: I want to show you the playing field and how you play the game is up to you. I meant it.

I'm 100% confident that you can use the 4 principles I covered in the previous chapter to come up with one technique after the other to keep your girlfriend interested in you FOREVER.



Because it's what I did with Naisa, Tatjana before her, and all the other women I've met in my lifetime. I looked for the principles of the dating game and invented techniques on the spot.

But... you may be not that experienced with calling and texting women. Hell, you may be inexperienced with meeting and dating women in general!

That's why I want to give you a whole bunch of techniques as training wheels to get you started with making your relationship cheat free with your phone.

Here we go...

Habit Installer

Earlier on I mentioned how breaking your calling and texting habits is the right thing to do, because it keeps your girl on edge. She doesn't know what's next so she stays interested the whole time.

An easy way to break a habit is by installing a new one. I call this tactic Habit Installer for lack of a better name, and here's what you do:

- 1) Say you end every day by sending her a text message with a good night kiss, then you can easily switch habits by doing something different every night.
- 2) Example: instead of giving good night kisses, you give good night hugs.

The result: even little changes like the one mentioned above will alert your girlfriend's brain that something new is happening and that she needs to pay attention. It keeps her interest alive.

The cool thing about this tactic is that once she gets used to the new habit of good night hugs for example? You can switch back to the old habit of good night kisses again, because she will need to get used to it all over again.

Why?

I've done my research and discovered that it takes 3-4 weeks on average to install a new habit into your behavior. So, it takes around a month of repeating the behavior every day to program yourself to do something new without thinking about it.

The funny thing about habits is that they DON'T co-exist on the same topic. To be more clear here: you can't for example have two eating habits at once,



because introducing a new one means the old one will lose it's power.

Now you know that habits replace each other, you now why this tactic is so easy to use: after 4 weeks you and your girlfriend will have gotten used to good night hugs as they've replaced the good night kisses.

When you start to give good night kisses again you and her brain forgot all about the old habit and the cycle can start all over again...

The Hang And Over

Whenever I say "hangover", everyone immediately thinks back to the days where they drank way too much, fell asleep, and then woke up with a huge headache.

But don't confuse THAT with my Hang And Over tactic.

Here's why:

- 1) When calling or texting your girlfriend, wait until you're the one doing the talking. It's best to use it during a story
- 2) Halfway through tell your girl that you need to go because you're on your way to ... (fill in what you usually do in your free time) and that you will tell her later
- 3) Don't bring up the topic again unless she asks about it later on.

It's hanging up and the topic is over, it's history: the Hang And Over tactic.

The result: you will create what's called an unfinished loop for her. You gave her incomplete information and the human mind has a tendency to complete all information as fast as possible.

This leads to her either STALKING YOU to get some answers... OR... her mind will fill in the blanks FOR HER.

Whenever her mind fills in the blanks for your girl, it does so with wishful thinking: with what she hopes the rest will be. That's how the human brain works.

The story comes alive inside her mind on it's own and almost always makes her more interested in you.



WARNING: this tactic is so powerful that you shouldn't use it all the time. Use it every now and then. Why? Because when you give the human brain incomplete information all the time? It goes crazy, gets confused, and the result is one annoying or irritated girlfriend...

You may have figured it out by now, but this tactic plays into what we've discussed before: being mysterious.

Assuming The *sshole Role

Assuming The Asshole Role. Quite a catchy name for a tactic for calling women and texting women, right?

But let's get real here: think back to what I said about showing an active disinterest.

Next to NOT replying to certain things or NOT replying at all, you can also take the more confident route:

Whenever your girlfriend says something you really don't know how to reply to, have never thought about, or don't care about? You simply say in a playful way "booooooring!" or "yawn!" or "can we talk about something a little less boring please?"

The result: not only is this good playful teasing (which creates attraction), it's also a lifesaver. Every time you don't know what to say to your girl over the phone, you say what I just said.

The only exception is when she's crying or really sad. I'm assuming you're not stupid and know that if a woman is all sad, down, crying and emotional? It's not a good idea to tell her she's boring.

Let's continue...

Time To Leave

This is not really a tactic, but an insight I want to get off my chest.

Here's the juicy secret: women respect you if you lead them and if you have a life of your own, but they respect you even more if you respect yourself.

Hell, it goes further than respect: women are attracted to men that have the confidence to lead, do their own thing, and who demand respect for their time and life.



When my fans say calling women and texting women is difficult, I almost immediately think about some of the mistakes I've made.

Don't be fooled: I had to make many mistakes with women before I got where I am today, so mistakes are GOOD. They teach you something.

Anyways, I still remember all the times where I was talking to a woman over the damn phone who has pre-occupied by other stuff. And what did I do? I kept talking.

I still remember this girl called Mariella who did it ALL the time: do two things at once (calling me and other stuff). I never made her my girlfriend and never even dated her and I know why:

I accepted second class behavior from her. Hell, I didn't have the guts to demand respect for my time and life by telling her I'm leaving because she was too busy to talk to me. BIG MISTAKE!

And that's the insight: especially with your girlfriend, know when it's time to leave her the hell alone.

If she's with her family, with friends, doing something else?

Tell her she sounds busy and that you'll talk to her later, then hang up or stop texting her.

Even more important: even if your girl says she's not that busy and wants to talk, you should still leave her alone!

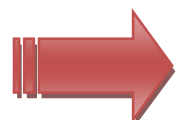
Why?

Because it clearly communicates to her: either you give me 100% of your time and attention, or none at all. 99% isn't good enough, I want it all or nothing at all.

And that message is powerful: it shows her you know exactly what you want and that you're selective about who and on what you spend your time.

It turns women on like crazy, it really does!

Maybe it's because all the so-called men out there who are really wussies with a



pair of balls don't know what they want and accept all kinds of shitty behavior from women "because they're pretty"...

Or maybe it's the age old human psychology thing of scarcity: that which is hard to get is more valuable than the easily obtainable goodies...

Or maybe it's both. Either way, know when it's time to leave.

And don't treat your girlfriend like the queen by staying "because she's the one I'll stay and talk".

I dare to say that you have to stay on top of what you're doing more in a relationship than at any other time in life and knowing when to leave is a big part of it.

Why?

Because most men think they have "ARRIVED" as soon as they're in a relationship. Don't think you've made it now you "have the girl", because once you do?

You stop doing the things that attracted her to you in the first place! Then she'll lose interest because she thinks you're not who you let her believe to be and that's the end for your relationship right there.

Keep doing the things that work!

When You Run Out Of Things To Say...

There comes a moment in time when you run out of things to say. I can tell from my own experience that it happens more easily when you're calling or texting your girlfriend. How?

Simple example: she says something that you really have nothing to say about and you have no opinion on the topic.

For situations like the one above and others where you run out of things to say over the phone?

I've created a collection of techniques that you will find below which will stop an awkward silence as soon as it starts, so you can keep creating attraction no matter what!



Here it is...

- 1)** (When calling) listen to what you hear in the background where she is or to what you hear in your own surroundings and talk about it. This often means talking about what she's watching right now and teasing her like hell for it.
- 2)** Tell her you're leaving, then tell her you'd like to continue the conversation face-to-face, and then do some fun stuff on that date so you don't have to talk much
- 3)** Talk about her or your childhood. Women love that, first of all because they love children. Second of all, you reveal a vulnerable part of yourself without caring about it and to women? That's being TRULY confident
- 4)** Tell her you'd like to play a little game of "what if..." and then ask her what she would change if she was the president of the country. Or ask what she would do if she could become 1000 years old. Make the "what if" over-the-top so it stays fun and playful for the both of you.
- 5)** Challenge her by saying stuff like would you kiss a homeless on the cheek if I gave you \$5 for it or shock her a little by asking if she would kiss you for \$5. The goal here is not to actually do it, but to have a conversation about where her and your limits are.

That gives you plenty of opportunity to tease her about being such a big wussy! It's also a way of testing her to see how seriously she takes herself when you shock her with a joke...

- 6)** Tell her you'd like to play a little game of "which of the 3 do you choose..." and then ask her fun stuff like what she would choose if she had to choose between witch, werewolf, and vampire. You can also have a deep conversation by asking if she would choose health, happiness, or love and then asking why.
- 7)** Ask common questions and tell her she's lying. First you ask where she's at, then tell her she's lying and probably in some sleazy stripper bar right now. Then ask what she's going to do today and say she's lying and probably going to snort some cocaine with her pot growing grandmother.

The goal: playfully teasing her with over-the-top stuff. Being outrageous is attractive because humans secretly admire the people who dare to do, say, and be more than THEY do.



8) Tell her you'd like to play a little game of "Describe in 3 words..." and then ask her to describe some celebrities in 3 words. You can also switch to how she would describe herself, her dad, you, her education or whatever. As you can see: you can make it as fun or go as deep as you yourself want.

9) Another challenging thing to talk about: ask her to tell you something about her family she doesn't want to admit or that she's ashamed of. If she doesn't dare to do that, be the first to do the admitting.

This one works well because sharing secrets with each other creates a deeper bond than talking about normal nonsense.

10) Talk about sex with her. In a minute or two my friend Zach will explain how to do the dirty talk, but what I mean here is talk about sex in an exploratory way. That means sharing what you like now, would like more, asking what she likes and would like more, and so on.

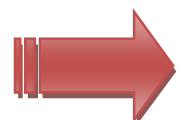
Sex is a big part of the relationship so talking about how to improve the sex is never a bad idea. If you're too insecure to talk about sex like this, I highly recommend you check out my Simple Inner Game System. It shows you how to get rid off insecurities like this one...

11) Play another game called "if you could slap 3 people you would slap...". First ask her which 3 persons at work, which 3 celebrities, which 3 politicians, etc.

You may be wondering why I'm mentioning so much "games". Here's why: by telling you two are going to play a game, she can let go off the stress of the day. She can relax and enjoy some playful fantasizing and pretend to be someone else for a moment. Us humans instinctively CRAVE to escape from life if it has too many daily routines. It's the reason why movies, TV, radio, magazines, books, and so on exist...

12) Playful teasing: tell her you'll start to feel sick if she doesn't give you a kiss right now. If she doesn't want to give you one? Tell her you'll infect her next time you see her and spray your bacteria all over her. That's the fun thing about relationships: blackmailing in a playful way works really well. Your girlfriend will call you mean, but she'll probably give you that kiss anyway!

When you use these 12 techniques together with the 10 lessons Zach's about to give you, the insights and techniques I've shared before, and the rest of the Calling Women and Texting Women Program?



There's NO WAY IN HELL that you won't know what to say next time you're calling or texting your girlfriend unless you're brains dead!

If your brains dead then please contact me. I know a great guy who can give you a set of brains. He's called The Wizard Of Oz. Yes, I know. I've watched too many movies.

So far I've shared that one out of 3 women thinks about cheating, because men can't satisfy them sexually and mentally. And the ebook up until now has been all about the MENTAL aspect of keeping your girlfriend interested in you and of making sure your relationship is cheat free.

And now I'll be giving the word to my buddy Zach Browman, who gives you everything you need to know about the SEXUAL aspect of keeping your girl interested and making sure your relationship is cheat free.

Put both the mental and sexual part of keeping your girlfriend interested with your phone together and you have a formula for "keeping the girl" for as long as you damn well please!

Before Zach dives into his techniques for using your phone for sexual benefits, it's best to read his introduction first because it leads into his advice...

Read Zach's introduction on the next page right away...

Chapter IV: Zach's Introduction

You've finally landed your dream girl. Everything's wonderful. And now you can live happily ever after right?

Well, not exactly. For many couples, the point where they say their relationship "begins" is where it actually starts to die. Most guys either stop doing the things that attracted her in the first place, or they don't know the difference between what initially attracts a woman and what KEEPS her attracted.

The relationship becomes PREDICTABLE. And predictability is never exciting.

Fortunately for us men, keeping a woman attracted is a fairly simple matter. You've already done most of the "heavy lifting" of attraction. Now the best thing you can do is to give her the best sex of her life.



Women are wired to bond with the men they have sex with. Men are too to a certain extent but the process is much quicker and more powerful with women. When a woman cuddles, stares into your eyes, or has an orgasm, her brain releases a flood of the hormone oxytocin.

Stimulating oxytocin will cause her to bond with and grow attached you. You will become imprinted on her brain. Oxytocin also promotes UNlearning, or the dissolving of old connections. That means that it will also help her “fall out of love” with anyone from her past she still has feelings for.

PLEASE BE RESPONSIBLE with this information. Only use it with women you’re serious about dating. Toying with someone’s emotions for your own ego is thoughtless and cruel. It also has a way of coming back to bite you in the ass.

Having said that, it’s time to discuss some of the things I just mentioned in-depth.

Welcome to the world of remote control attraction...

Chapter V: Remote Control Attraction

What is a woman’s primary sexual organ? No, it’s not between her legs, it’s a little bit higher... nope, not there either, keep going...

It’s her brain. To women the psychological aspects of sex are as important as the physical. The best way to become the greatest lover your girlfriend has ever had is to learn how to stimulate her mind.

I’ve known women who could have one orgasm after another just using their minds. (True story: I also met one who got them in response to stress which made for some fun Calculus exams!)

The rest of this ebook is about how to do exactly that – stimulate her

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mind - by phone and by text.

The cellphone has become a part of our lives we simply can't miss anymore. And those who haven't bothered to learn how to use texts and phone calls to help their relationship thrive could be unknowingly sabotaging themselves.

I've included 10 Lessons for using texts and phonecalls to give your woman amazing sexual experiences... by remote control! If you use them when the two of you aren't together, it'll have her craving to see you.

Enjoy...

Lesson 1 - Build Sexual Tension

Sex doesn't begin with penetration. A huge part of what makes sex good for a woman is what happens before.

The intensity of her pleasure will be proportional to the anticipation leading up to it. The greater the feelings of sexual tension, the more satisfying the release.

There's a simple way to think about sexual tension. Carlos already mentioned how attraction is really sexual conflict, sexual tension. Well, I like to think of sexual tension like this:

Sexual tension is sexual desire combined with a barrier. Romeo and Juliet had the barrier of their families for example.

In fact, one of the things that makes the balcony scene so famous is the fact that since he's on the ground and she's on the balcony, they can't touch. That space between them heightens the feelings of tension and it all comes pouring out in words.

When you're not around each other you have a similar barrier - you can't touch each other. This is why phoning and texting is such a great way to heighten sexual tension:

Rather than starting to build anticipation when the two of you crawl into bed, you can use your phone to start bringing things to a slow boil throughout the day or week.

You don't need to put an artificial barrier in there. The physical distance is the barrier, so just by sending sexual messages you're heightening tension.



A few texts like this throughout the day and she'll be tearing your clothes off the moment you walk in the door that night.

"I'm going to make your toes curl"

"When I get home, you're in biiiiig trouble"

"I want to throw you down on my desk and rip your clothes off"

Lesson 2 - Tease Her

I was in theatre school and it was the last day of the semester. I was out with my class celebrating with margaritas and nachos and one of my classmates and I started flirting.

I won't go into the specifics of what lead up to it, but basically we agreed that we should go back to her room and have sex. The problem was that I had to go to work so we decided I'd just come by her place when I was done.

Five hours later we were on her bed fooling around and something just didn't feel right. There was no tension there. No excitement. We dutifully got each other off but all in all it was a less than stellar sexual experience. It wasn't till I later learned a few things about sexual tension that I realized why.

She was beautiful and fun but something was missing. It wasn't her and it wasn't me. It was the situation. Sex was pre-planned. We both new it was going to happen so by the time I got to her place, the tension was gone. I learned this important lesson about excitement:

Without uncertainty, there is no excitement. It's like Carlos said: being unpredictable almost EQUALS attraction.

Sometimes your first time with someone new is so filled with anxiety that it's a relief just to get it over with. But at some point you've probably experienced the excitement of NOT KNOWING whether or not sex is going to happen.

Maybe it was a first date or a second or a third but you knew there was a POSSIBILITY of sex, but not CERTAINTY. It was the "not knowing" that made it so exciting. It's just like watching sports. Not knowing whether your team will win right up to the very end makes for a very exciting game.



Or with movies: not knowing whether or not your character will make it keeps you on the edge of your seat and makes it all the more joyous when he does.

I think you get the idea.

In relationships, sex loses some of its excitement when there's too much CERTAINTY about when and how it's going to happen. It's easy to fall into a routine. So mix it up.

Tease your girlfriend. Don't do things the same way every time.

When you send her flirty texts and get her all hot and bothered, don't immediately come home and throw her on the bed every time.

You can also let her know on the phone or in your texts that you're not sure if you'll be up for it when you get home.

Example:

Start by painting pictures in her head: "Right now I want to lift up your skirt and tear your little white panties off".

Then when you've got her really excited, put some doubt in her mind: "...too bad I might be too tired when I get home ;)"

Not that you're not saying you WON'T have sex when you get home, you're saying you MIGHT NOT. There's a big difference. The uncertainty is the difference.

Another way to give her some uncertainty about whether or not you'll have sex is to set up a qualifier. You could say:

If you're a good girl today I'll give you a backrub when I get home... and then I'll eat your pussy like it was my last meal."

Or let's say you know she's making dinner that night and it's something you like.

You could say:

"Ooo lasagna, my favorite. If it's as good as last time I'll have to show this little trick I learned with my tongue..."



Again, it's the idea that you MIGHT pleasure her that makes it exciting.

By now you may realize that everyone has his poison:

Carlos loves to be controversial and challenge your way of thinking and me... well, I drop the sexually explicit content bomb on you. Lol!

Lesson 3 - Shock Her

One great way to give your girlfriend a sexual thrill over the phone is to drop something extremely sexual into conversation when it's totally unexpected.

Start by talking about something banal and then paint a picture for her.

Her: "Hey how's your day going?"

You: "Not bad, had a meeting this morning and another one this afternoon. You?"

Her: "Good - I had the day off so I went for a run this morning"

You: "Nice. Yeah, my meeting went ok but all I could think about was throwing you up against the wall and taking you from behind."

Her: "Mmmmmmmmm"

The sudden directness will give her an unexpected thrill.

Lesson 4 - Place Yourself In Her Reality

A great way to initiate phone or text sex and to make it really exciting for her is to place yourself in her reality.

What I mean by that is to find out where she is, what she's wearing, how she's sitting or standing, and then inserting yourself (ahem) into that scene.

Phone, Text or Chat:

You: "Hey where are you right now?"

Her: "Work"



You: "I know but are you sitting at a desk or what?"

Her: "Oh yeah, I'm sitting at my desk and Karen's sitting across from me"

You: "Hmmm"

Her: "What?"

You: "You're wearing that skirt today right?"

Her: "Yeah"

You: "I wonder whether Karen would know if I was under your desk with my head between your thighs right now."

Her: "It's a closed desk so she couldn't see you but she might hear you lol"

You: "Then I'd have to be really quiet as I pulled your panties down to your ankles and started to breathe my warm breath between your legs"

Her: "Oh GOD!"

You: "And I'd have to be really careful not to make too much noise as my tongue started to gently explore you..."

This game of "if I was there I'd" can be really fun for her, particularly if she's in public and has to hide her flushed cheeks and quivering voice.

The adrenaline rush of trying to conceal her arousal will get her even MORE excited.

You can also pull it back when she's really on the verge and say "IF I was there. Which I'm not so I'm going to go vacuum"

It's fun! Then you can just keep going or cut it short. Your choice.

Lesson 5 - Describe Her Fantasy

Fantasy is a big part of a woman's sexual experience.

But the way women fantasize and the way men fantasize are quite different. Learn what HER fantasies are and then create them for her over the phone or by text.



Before I go any further I want to say that there's a big difference between FANTASIZING about something happening and actually WANTING it to happen.

As guys we might fantasize about being James Bond but that doesn't mean we actually want to kill people and to risk our lives again and again.

Using words is a safe way to explore her fantasy.

Example Fantasy #1: Being Overpowered

Many women fantasize about a guy just taking them forcefully. They love the feeling of being out of control and being able to just experience sexual pleasure without taking any responsibility.

A quick caution: if your wife or girlfriend has experienced sexual abuse or trauma this could bring some of that to the surface in which case you need to stop immediately and instead take a more tender approach.

In general though, dominance in men is very attractive. Be a little bossy. Tell her what to wear, order her around a little in the bedroom.

Example Fantasy #2: Being Watched

Some women fantasize about having eyes on them while making love. It's thrilling to be so exposed like that. Describe doing things with her (or to her) in public. The added element that you might get caught will amp up the arousal.

Example Fantasy #3: Exotic environments

Some women get turned on by the idea of making love in a tropical storm. The idea of their senses being totally overwhelmed and the power of the weather enhances the experience.

Something like the idea of having sex on the beach, in a cabin during a snowstorm, or in the hot sun in the middle of a field. Explore

If you'd like to know more about the kinds of things that women fantasize about, go to your local bookstore and pick up some books of erotica written by women for women. You know: sleazy romance novels! You'll get some great ideas.

Lesson 6 - Roleplay With Her

Another form of fantasy for women is in playing a character. You might pretend that you've never met but you've admired her from afar and now you're talking on the phone for the first time. You might pretend that you're her boss, student,



or someone else:

Play something a little naughty. A little forbidden fruit can be exciting.

Have some fun with it. The best way is to just go right into it without explaining the scenario and let her play along.

Example:

Her: "Hello"

You: "Hi Megan, you don't know me but I've been watching you for some time."

Her: "Oh, hello stranger"

You: "I know you're working right now but one of these days I'm going to walk into your office..."

Her: "And then what are you going to do?"

You get the idea. In real life, this would be creepy. But in the context of a relationship it can be extremely exciting...

Lesson 7 - Create A Sensual Experience

When you're describing a scenario for her, create a complete experience for her.

Don't limit yourself to describing just how things look or feel. Involve ALL her senses.

Describe what she's seeing, hearing, smelling, tasting, and feeling including pressure, heat, weight, smoothness.

"You can feel the weight of me behind my cock. The heat of it. You can feel its hunger"

"You feel the warmth of my breath on your pussy and my lips are grazing it so lightly you're not sure if you're feeling them or imagining them."

"You can smell the sweetness of my sweat, feel the weight of me on top of you, hear my voice and feel my breath tickle your ear."

You can also talk about her mental processes:



“You feel that satisfying feeling of fullness as I sink deeper inside of you”

“Your mind completely lets go as you give in to the experience of being completely”

This type of thing drives women crazy. For inspiration, pick up a book of erotica for women. Any sleazy romance novel you see woman read is good!

Lesson 8 - Focus On The Details

There was a one year period before I understood how attraction worked that I hit the gym HARD. I had the best body of my life - Abs, low body fat, nice arms. But it didn't help me with women AT ALL. In fact, it may have hurt me.

I actually had women tell me that they were uncomfortable with their own bodies around me. My lack of fat made them feel self-conscious! And these weren't exactly overweight girls.

My point is, for a woman, it's more important that YOU appreciate her body than that she's turned on by yours. Especially during sex!

When you describe what you're doing to her sexually, appreciate her. Worship her. Focus on the tiny details of sex.

Talk about the soft skin on the underside of her breasts. Tell her you're grazing your fingers right NEAR her clit but not touching it.

Tell her how good she tastes.

This also shows her that you're an attentive and sensual lover (as if she didn't know that already).

And it's ok to shift viewpoints. You can describe what she's sensing one moment and then tell her what you're sensing.

“You feel my lips wrapping around your clit and my tongue flicking it. You taste so good I just want to devour you.”

Trust me. This will get her HOT.

Lesson 9 - Explore Her Whole Body

Sexual pleasure can be a whole-body experience. And for women this is



even more so.

If you're leading up to phone or text sex, start far away from her pussy and work your way towards it.

You can talk about nibbling her wrists, massaging her feet, or tracing your fingers along the back of her neck.

I've read in taoist texts that for men, arousal starts in the genitals and needs to be spread out to the rest of the body.

For women, arousal starts in the rest of her body and needs to be channeled towards her genitals. I can't validate that scientifically but I've definitely found that following this simple rule drives women wild.

Lesson 10 - Use Descriptive Language

Words are important. The more vivid the imagery, the more exciting it is for her.

Rather than telling her you're putting your penis inside her, tell her you're slipping, sliding, easing, entering, pushing, penetrate or thrusting.

Rather than saying you're going down on her tell her you're licking, sucking, probing, tasting, nibbling, or eating her.

Get the idea? Glance at some romance novels to get a feel for this.

"Now I'm completely inside you. Buried to the hilt"

"You can feel me slip inside you, like a boat parting the waves"

"Now I'm completely inside you. Deep inside you. You've never felt so full. I'm touching the very bottom of you. And then just when you think you couldn't be more full, I sink in one more inch."

"I slide down your belly and kiss your softness"

"I can feel the wetness between your legs"

And there you have it: 10 lessons for phoning and texting to give your woman amazing sexual experiences.



Use them responsibly.

As I mentioned before. Giving her great sex is the BEST way to cheat-proof your relationship and to create a solid bond with her. Have some fun, get out of your comfort zone, and try something new.

I sincerely wish you an exciting and fulfilling relationship!

Chapter VI: Final Words

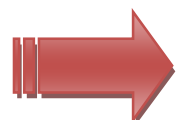
If you got the Calling Women and Texting Women Program just after it was released then you're getting this ebook a little late.

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More On The Next Page



I apologize if this caused you any inconvenience, but the ebook is late for a good reason: both Zach and me wanted to give you NOT just a couple insights about keeping your relationship with your phone.

Zach and me wanted to give you the best ebook you'll ever find on how to keep your girlfriend interested with your phone.

And like we've said throughout this ebook: your phone is a BIG part of keeping your girl interested, because it is THE tool for communicating couples use when they're not with each other.

Hell, it's the ONLY tool for communicating for 90% of the couples on the planet these days. I'm willing to bet that you almost always use your phone to talk to your lady whenever she's not around...

That's why some tips for keeping your relationship cheat free with your phone are more than nice to have: they're absolutely necessary!

I took care of the mental part of keeping the attraction in your relationship going with your phone. Zach took care of the sexual part of it all. We hope that you not only learned from this ebook but that you'll also try out everything we've shared with you... for your own good.

And there's so much to discover that the ebook is probably worth a second read:

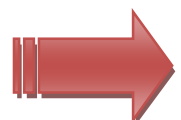
=> 4 secrets of human psychology (habits, being mysterious, disinterest, and how opposites really attract) that show you how to keep your relationship cheat free

=> At least 16 techniques to keep the attraction going in your relationship so your girlfriend will keep thinking about you all day long, every day...

=> 10 lessons that reveal how to use your phone to create an insanely successfully sex life for both you AND your girl. She'll want you more and more...

In short: Zach and me promised to show you how to make your relationship cheat free by turning your girlfriend on with your phone and I'm 100% confident that we delivered on that promise for you!

And now this movie junkie is about to dive into one of the classics: 12 Monkeys with Bruce Willis. That movie is so paranoid, over-the-top and psychologically



challenging!

It's set in a world where most of the planet's population died of an insanely aggressive virus, but no one knows where it came from. Bruce Willis is the guy who needs to travel back in time to investigate what the hell is going on.

Unfortunately for him, when he travels back in time he "lands" near a mental hospital and tells the people there he's from the future. The result: he gets submitted as a patient and crazy sh*t starts to happen.

Anyways, I've been talking about movies way too much here. Try out what you've learned in this ebook as fast as you can and I'll talk to you soon!

To More Dating Success,



Carlos Xuma

Win With Women

AND...

With kindest regards,

Zach Browman





Take The **FAST PATH:** How To Attract Women

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Want Confidence
With Women?



Want To Live The
Alpha Lifestyle?



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they're **FREE!**



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Fast & Easy Strategies to Attract Quality Women
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“Want Confidence With Women?”



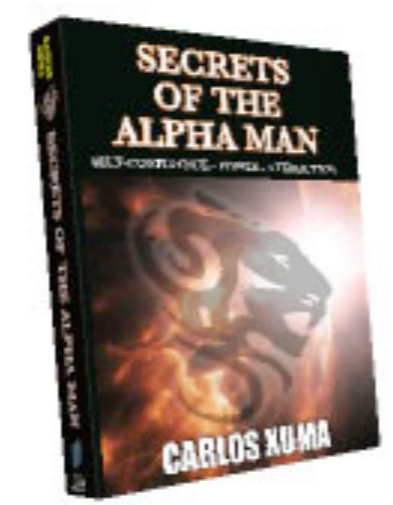
Supreme Self Confidence With Women

Your Next Step...

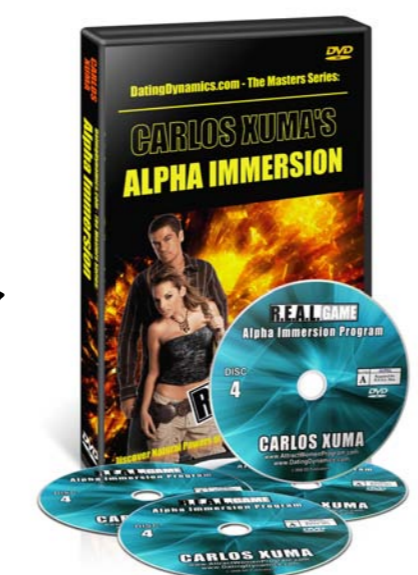


The Dating Black Book

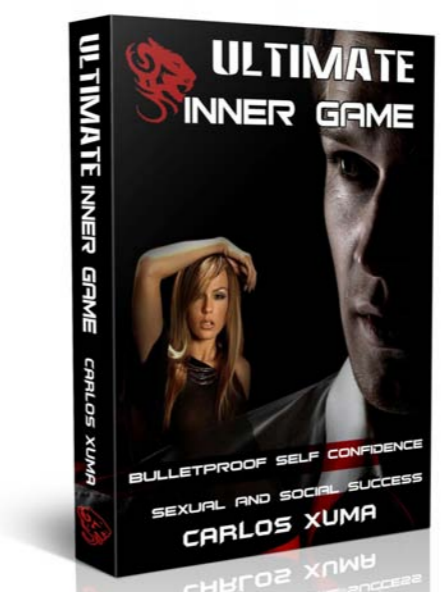
Then...



Secrets Of The Alpha Man



Alpha Immersion



Ultimate Inner Game



Alpha Masculinity



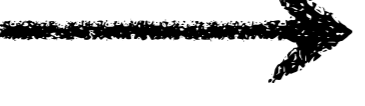
Girlfriend Training Program

“Want to Meet And Attract Women?”



How To Approach And Flirt With Women

Your Next Step...

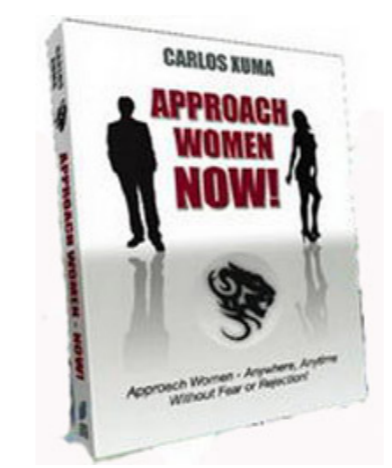


How To Talk To Women

Then...



The Seduction Method



Approach Women - NOW!



Approach Women 2 Real Alpha Daygame



Alpha Man Conversation & Persuasion



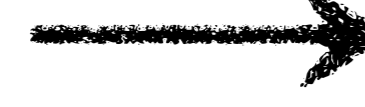
Girlfriend Training Program

“Want To Live The Alpha Lifestyle?”



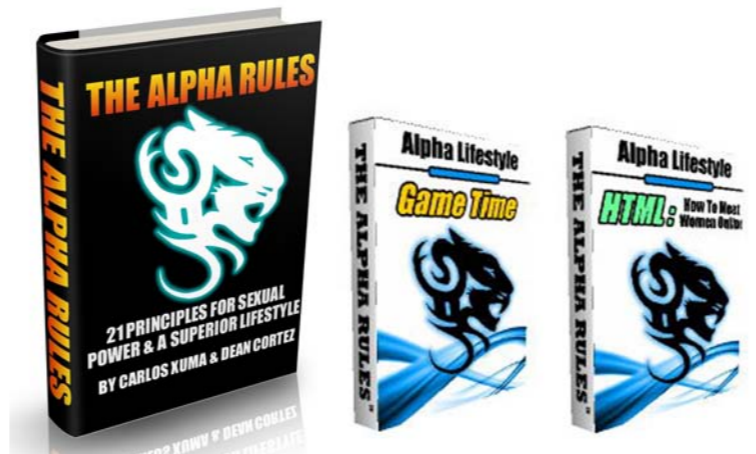
BadAss Body Language

Your Next Step...

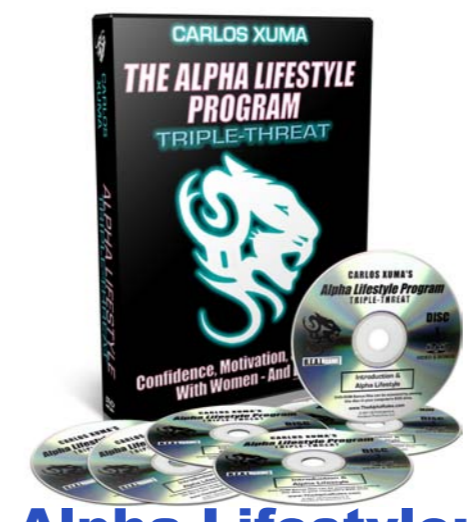


The Bad Boy Formula

Then...



The Alpha Rules



Alpha Lifestyle: Triple Threat



Power Social Skills

STARTING

INTERMEDIATE

ADVANCED