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PRESENTS**

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**GET A FUN SEXY GIRLFRIEND
IN YOUR BED - AND IN YOUR LIFE
-IN 30 DAYS OR LESS**

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Module 4 – Meet And Talk To Women

Hey, welcome back to Module 4 where we are going to talk about how to meet and talk to women. Now, this is a module I added in because I knew that guys need a little boost when it came to handling conversations. Conversation for guys is one of the suffer things, especially handling it with women.

So what we are going to do is we are going to over some very basic, and basically just the framework and the necessities for conversation. Nothing more than you absolutely need to get started. If you want to get more advanced with this stuff, you're more than welcome to. I have plenty of programs on this, and what I want to give you right now though is something that you can work with and use right away. So let's get right into it.

First of all, we are going to talk about the why, the what and the how. The why, first of all, without a strategy for conversation with women with this stuff, you're going to be waiting for random chance and serendipity. Now, we know we don't want that. We don't want to be waiting for a lucky roll of the dice to have the right woman come along and then be able to connect with her, and besides, how has that worked out for you so far? It's probably not so good. They've never worked out. They never worked out great for me either.

It was one of the worst ways to handle the whole process of getting girlfriend into my life is waiting and hoping. It puts you in the passive position, which is a really bad place to be. You must have a repeatable process. This is going to be your repeatable process for conversation.

So the what, so the skills we are going to be talking about are the four steps to sexual interest, indications of interest, indications of no,

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showing that you have value and screening for what I call the “impurities.”

Let’s talk about skills first of all. Skills, vocal tone is your primary skill for conversation. Watch out for the things that will get you in this area. I’m going to give you one tip right away that’s going to help you with your vocal tonality, and you can use it right now and you should start using it right away, and that’s to start humming, humming comes from lower in your chest. If you can push it down there, you can get it down to your diaphragm where you’re just humming really low, hmmm, and you use that as a way of feeling the resonance of your own voice in your chest. That’s where your voice should come from.

It shouldn’t come up from up here in your nose or in your mouth. It’s not where your voice is, your voice is actually here and lower, so you want it to resonate. You want it to frantically boom, so work on that. It’s really important you do that, and the best way you can do it, again, is to hum. Practice that resonating. When you talk, feel it vibrate in your chest.

Remove the fillers from your conversation. Some of those fillers are things like, uhm, err, like, you know. Just think of what you’re going to say, or pause if you need to before you say the next thing. It looks much more confident and more contemplative, but work to remove the uhms, the errs and the likes and the uhs, all those things got to come out of your conversation because it makes you look insecure in conversation really. We put those in there because we don’t want to stop talking because we are afraid we are going to lose the attention and connection on a conversation. That’s why we try to perpetually talk and steamroll like that.

So those are some things you’ve got to work out. Vocal tonality is an important skill if you’re going to be thinking about really improving your conversation with women.

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So the four steps to sexual interest, this is magnetizing your conversation. The four steps to sexual interest are:

- Initiate curiosity, interest and attraction. It's step number one.
- To create sexual tension to amplify that.
- Build the attraction, work it up higher and higher.
- Escalate. Keep it moving forward to where you connect and, of course, moving it forward physically.

Those are the four essential steps. I'm going to leave those open in case we need to come back and refer to them, but those are important to have. You should write those down so you know what to focus on.

The indications of interest, here are ways that you know that she's in to you, so you know whether or not to stick around or whether or not to move on:

- She restarts the conversation. This is really important. If she does this, this is a big indication of interest on her part.
- She giggles and laughs with you. Again, it's really important. These first three are the primary ones you're looking for.
- She touches you in some way during the conversation. She puts her hand on your arm or she hits or play slaps you or whatever it she does. That's big.
- She calls you. Maybe you've already had a conversation and now she calls you up on the phone. It's a big indicator.
- She returns your call. You call her, you leave a message and she calls you back. It's a big indication of interest.
- She asks you where you're going, like if you're about to walk off or whatever you're about to do in the bar or club or maybe you're out

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and about, she asks you basically where you're going.

- She buys you a drink. That's an important one.
- She introduces you to her friends. That's actually really important. That one is a big one too. It's her introducing you to her friends.
- She looks for your reaction. She watches you and sees how you respond to the things she says. I mean, she's trying to qualify herself to you and she's thinking about how you're reacting to her.
- She maintains strong eye contact.
- She asks you if you have a girlfriend.
- She smiles a lot at you.
- She initiates the conversation. Of course, it's a huge one right there.
- In a group, she's outspoken to get more attention. In other words, you're talking to a group of women and one of the girls is being much more outspoken and much more lively, I mean, she's trying to outdo her friends. She's in competition mode.
- She compliments you.
- She's playful.
- She challenges you.
- She makes up a fun nickname for you.

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- Her friend goes to the bathroom, but she stays.
- She doesn't pull back when you're moving closer to her.

All of these are the signals and indications of interest on her part that you want to take into consideration. They are really important things to watch for. Well, I shouldn't say watch for, but they are important things to notice. If you happen to notice them, use them accordingly, but don't let them guide your entire conversation. You're not waiting constantly on one of these. You're trying to make it happen. Remember, proactive, not reactive.

What are some indications of the opposite of this? What are indications of no? Well, things like:

- Avoidance where she avoids eye contact. She avoids touching. She avoids the conversation. She's reluctantly in the conversation. She avoids calling you back. Now, here are the things, avoidance of any kind is a negative indicator. A woman that is interested will do just the opposite. She will not avoid, she will initiate.
- Pretending not to hear you or not listening very well to you. This is especially true in bars and clubs.
- She doesn't contribute to the conversation for several minutes. It's especially true in initial conversations you have.
- She turns away, or looks away, or starts talking to somebody else, maybe a friend or anybody else but you. That's not a good indicator. It's time to move on.
- She won't go along with you or invest in any way. She avoids going along like this. If you say something like, "Hey, let me ask you a question, blah, blah, blah?" And she's like, "Oh, I don't know." And she avoids getting involved in your question or answering it. She's

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trying to avoid investment, which means she's trying to keep from connecting with you.

Those are the most important ones. I'm sure I could give you a ton more, but I don't want those in your head. You're not looking for indications for her rejecting you. You're looking for indications in your own mind to just keep going forward.

Show that you have value. This I cannot emphasize enough. This is the biggest what of what we are trying to do here. As you're trying to demonstrate that you have value in the conversation, one of the best ways you can do is work on things that relate to these points.

- Show her that you have value, and the way she's going to see you have value is you demonstrate that other women want you. So in the conversation, somehow you remark about some girl that you know having a crush on you or something like that. You do it very carefully though. Those are tricky to do initially because most guys can't calibrate that without sounding like they are bragging. If you can do it without sounding like you're bragging, it can be very, very effective.

- You've got to show that you're a leader of men. You've got to show that you support and protect people that are important to you. This is really big. Women want to see this. This is an important value indicator for her, so demonstrating that you've done this or protected or supported people in your family is really big.

- You have to show indifference to opinion. When she says something no matter what, it does not affect you or push your buttons. That's one of the ways you show that you're indifferent to opinion. You're nonreactive. The things that people do, they do not push you around like you're some boat on the ocean with the wind pushing you around. It doesn't work that way for people, and it should definitely not work that way for a confident Alpha man.

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- You're socially intelligent. You want to show that you're conversationally savvy with some of the ways I'm showing you right here right now, but I'm also showing you a lot of the sub-indicators, the subtle indicators she's looking for. Most of the things that will make her attracted to you are going to happen on a very subtle level and that's how you have to be very congruent to communicate it.

- Teasing and busting your balls is a huge, huge one. You want to be able to tease her to bust her balls. I'm going to talk a little bit more about that in a bit.

- Not being needy, of course.

- Being fun, hello, of course. Injecting humor where you can in a conversation. Don't overdo it. Don't go crazy.

- Confidence and assertiveness is really important. Now, that, of course, is going to come out by virtue of the things that you do. It's not something you can prove to her in words, so don't try and do that. Just let it come out through the subtleties.

- Of course, being socially popular. But you know what, you don't really even have to be socially popular, but you have to demonstrate that you could be socially popular. I've talked about times that I've gone to parties with groups of friends. There, I'm socially popular all of a sudden, at least in her eyes. What I'm trying not to communicate is that I'm a social loner. That's a negative indicator and that will get you basically another one of those girlfriend repellent sprays.

Screen for the impurities. This is important. I want you to watch out for red flags in women's behavior. Watch out for red flags. These are the ones that are essential for you to watch out.

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- Watch out for the drama queen. Drama queens will just totally make a living hell. Watch out for those girls that need to stir shit up to make things interesting. It's especially true in younger women.
- Watch out for immaturity and violent tendencies. This can happen a lot with women. Women by nature aren't typically violent, but they can have an edge to them of physical violence.
- Emotional issues. What women doesn't, but at the same time you can watch out for the ones that are more severe.
- Watch out for women that are shut down, otherwise known as frigid. They are not capable of emotional behavior or they are not capable of really engaging sexually. Their emotions seem to be shut down.
- Watch out for women without friends. Sometimes guys are pulled into this one where they find it really alluring to hang out with a woman that basically has nobody else to hang out with, because hey, she'll at least hang out with me. It's a negative indicator.
- Any generally unstable behavior.

You'll sense this right off the bat. Pay attention to the things you see up front. Don't get all allured by the nice boobies and tush and all that stuff when you should be watching for the things that are red flags.

Ask questions to qualify. This is how you actively find out if she's somebody that you can hang with. Again, qualification, qualification, qualification. The three Qs you need to remember.

You can say something like, "You know, you're cute, but is there more to you beneath the skin? Which of your parents do you get along with the most? Oh, really, your mom, why? What are your three best qualities?" And of course, power questions, and I'm going to talk a little bit more

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about power questions in a minute, but the most important thing you can be doing is to be asking her questions in general. Questions qualify. Questions qualify. QQ.

So we've gone through the what, I'm going to talk to you now about the how, how do you do this? Well, first of all, the rules, or the rules of conversation and the rules of this kind of attraction with women. First of all, don't talk about anything obligating. A lot of guys do this one like trying to lock in another date while you're still on the first one. That's not very good.

You don't try and say things that hint to the fact that you're going to be seeing her again or that she's definitely going to be with you in something. You don't want to say things like, "Oh, wow, do you like Iron Maiden 2? They are coming into town. Maybe we should go together." Now, you just talk about things as if you're still in the skeptical mode like, "Hmm, I don't know about you."

The more free she feels, the more free she feels she is to want something. She'll feel more free to want something when she feels freedom in general. That's why you never try and lock down a woman's options. Bad idea. When talking to a group of women, keep your energy and enthusiasm slightly higher than theirs. If you're lower in energy, you're going to be draining energy from the group. They are going to feel like you are a drag basically. They are going to feel like you're the one that's bringing them down and you don't want that.

This is especially true on more bar and club type environments, but keep your energy up. Don't be a monotone guy who is very serious. If you have a seriousness problem, then believe me, a lot of guys I coach do. There is a lot of ways to fix that. One is basically to lighten up, dude. Now, like I was telling you before, watch a lot of standup comedy and things like that can help you quite a bit.

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Create momentum. This is really one of the big ones I can tell you about because you want the woman to feel more and more interested, having more and more fun and creating more and more attraction as you go. You want momentum to be building. You don't want it to feel like, "Oh, I met him and now it's all downhill."

She should be feeling like it's this wonderful rocket ship trip all the way into space. That's your job. That's what we do as men. Don't shirk that and don't get into that mode of, "Oh, it's so much work." No, it's not. It should be fun for you too, but remember, it's all about the momentum and keeping her feeling like she's on this way through the stratosphere about to go into orbit.

I'm going to give you some technique magnets for conversation. There are a lot of these so we are going to move through them pretty quickly, but again these are stuff you should be using in your conversation and then we are going to go through the mistakes.

First of all, open loops. Use these frequently. Open loops comes from both sales and fiction writing, and that's where I learned about them originally. It's really important in storytelling. Think about the Empire Strikes Back. That's one of the best movies. I think it's the best Star Wars movie of the whole series.

What they do is they give you these open loops. They will cut off one, and they have two plot lines. There is Luke on Dagobah with Yoda and then there is everybody else doing their other thing, and they would cliff hang you within the movie because Luke is in trouble in one place and then something happens in another, and there is resolution and conflict and cliffhangers, and they leave you hanging on one so you can't help but wait and wonder, "What's going on with Luke?" But you still want to know what's going on with Han and the rest of them.

You do the same sort of thing. You leave unfinished or unresolved tension in your conversation, and what you do is basically you start the

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story and you don't finish it. You find something to distract it. Or you find another thread and you let it go off in that tangent, and you don't chase those threads back again. You wait for them to come up naturally in conversation.

So even if you forget that tangent, like you're telling the story and it's actually an important story that you wanted to finish, let it be hanging out there. The longer it hangs, the more it feels like something she has unfinished business with. She needs finish, and that's one reason she will want to see you again, it's to finish these little spikes of emotion.

Use them everywhere you can. Use them everywhere you can in conversation and with other people. It's really effective and you should finish your email with something of a cliffhanger. Just wait, somebody is going to be emailing you back in a few days asking you how it ends. It's the way we are.

Interrupt and amputate. This is a real important strategy. If she starts talking about something that is negative or changes her mode towards the negative, cut it off. Amputate it right there. Use the pattern interrupt of some kind. Maybe use those trivia. One of the things I like talking about is like she gets negative something like, "Oh God, my job, I can't stand it any longer. It's just, uh." And then she's got that look on her face like she's caught in her head. I'll look at her and say, "Hey, do you know about the Mike, the headless chicken?" And she's like, "What?" "Mike, the headless chicken, do you know about Mike, the headless chicken?"

Mike, the headless chicken, is basically this chick that somebody was chopping the head off of, and they must just like missed the brainstem because the head came off, but the chicken still lived. It's a freaky story. Look it up online. It's actually pretty weird. But I'll tell her about this and it's a total pattern interrupt and it totally cuts off that conversation and changes her state. That's what you want to be able to do, interrupt and amputate.

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Stories are important in conversation, of course, and initially you don't have to worry about them so much because you're trying to keep this time frame very small and then it dilates as you get more and more confident. But stories are important when you are ready to add them in. What do stories do? They communicate qualities. You can use them to communicate parts about you that tell her about you, that qualify her, that connect with her. They establish trust because it gives you background and back story, and it engages her interest. All these things stories can do for you, so that's why you need to use them.

Use only short stories when you first met a woman. They can get longer later on, but you do not want long stories to start off a conversation with a woman. Just very short stories. Longer stories come later and only when you know you've got her interested. Otherwise, the stories are pointless.

Communicate emotions in your story. Emotions are more important than logistics. It's not important that you're driving that red Corvette to the hospital when you saw that accident. What's important was how did you feel driving that Corvette. How did you feel when you saw that accident, and why were you going to the hospital? What was going on?

Leave a few of these stories hanging and don't go back to them. This is the open loop, and this is tough for nice guys because we have this need to be understood and heard, and we will very often make it a point to go out of our way to finish conversations, but we can't do that.

Write a few of these stories out. This is what master speakers do. They write their stories out and they memorize them and they get them down pat. No monotone. Practice reading them off into a tape recorder if you have to in some kind of recorder.

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Get her to talk more than you. This is your goal. At the start, you're going to be doing most of the talking, but later on she's going to be doing more of the talking.

Avoid jokes unless you're really good at them and then you should only use probably one at any given conversation. Be very careful about jokes. Guys fall back on them as their mode of humor and it's actually a bad way to go.

Lifting the armor. Really important here is that you expose vulnerabilities. This is an important part of human communication. What you do is you tell a story about something that's slightly embarrassing. It could even be hugely embarrassing. Who cares? Something probably about your childhood is the most safe because you're probably over it the most. Tell her a secret about your life, and then avoid whining or really emotionally tragic stories.

Just expose a little bit of vulnerability about you like the fact that when you were four you crawled under the porch and you got stuck and you panicked, but you didn't want to tell anybody and you ended up almost spending the night there. Something like that tells her that you're capable of making mistakes and thinking and reflecting on it and telling a good story about it. But exposing a vulnerability is a big part of connecting with people. This is one of the essential parts of creating connection. If you don't put this in there, you will be very unlikely to win her connection and trust.

Leverage power questions. Power questions are questions that really cut to the chase and really make her think and they make you immediately different than the rest of the guys out there. Here are some of the ones I use:

- Would you get an obvious tattoo if it meant saving a species from extinction? Pretty good dilemma.

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- Would you ever turn a relative of yours into the police? Oh, that's a tough one.
- What are you doing to make the world a better place? I use that one on speed dating quite a bit.
- If money were no object, what you would be doing with it next year?

Ask provocative questions that are more subtle. Ask her things about her past. Ask her things about her family, her friends, her job, her dreams, all of these things will bring out more information. They will qualify her and at the same time, you'll get her talking more and at the same time she will feel more connected.

Role reversals are especially important. Use these in conversations, especially early conversations. It's simple reverse psychology and the implication is that you are the prize, the desired one. You don't put women on pedestals like 90% of the guys out there do, and it gives her permission to be bad. This one is really important. It liberates her. Women want this ability to feel like they can be bad and different and break through that angelic appearance they have to always hold.

Let me give you some examples of role reversals:

- Wow, are you always this forward? I need to know you better before we get physical.
- Did you just grab my ass? I'm sure you've heard that one before.
- You just want me for my body, don't you? Oh. Again, we are taking the role of the woman that she normally takes and that in itself is both funny as well as it liberates her and lets her take on the more aggressive role.

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Teasing is hugely important, and when I'm talking about teasing, I'm not talking about negs or negative hits as they have been called. This is not optional, by the way. This is something you have to put in your conversation. You have to demonstrate this, and you simply give her a little bit of a hard time over something. I'll give you an example. There is a guy named Joe Polish, and what he does is the first thing he does in conversation with a person is he kind of like messes with them. He makes fun of something that they've done or he makes one with them in some way.

Because the faster you cut through all that small talk BS, the more everybody gets real, and I'm sure you've talked to people that are like this. They have this way of immediately getting very real with you. I was walking with a guy down the street and I remember tripping over a bump in the sidewalk, and he just looks over and goes, "What, dude? Are those rented feet or something?" I barely knew this guy, but here he was getting very real with me, and I appreciated that. It made me feel like the connection was there. You can do the same sort of thing.

Here are some more examples:

- Oh my God, you're one of those girls. And you do it with a little bit of a hind of a smile.
- Did your mom know about this?
- Okay, I think I need to call a cab. That's where you're like, "Okay, you're a little nutty. I'm going to have to take a little rest from this one." That one is very effective in conversation.
- Oh, you're such a girl. That one is really good.

Take whatever she says to an extreme. It's a great way of doing this, just take something she says and just go to the extreme with it where

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she says, “Oh man, I hate ice cream. I hate it.” I’m like, “Do you hate all ice cream? Do you hate every single kind of ice cream on the whole planet? What if like you’ve inherited Ben & Jerry’s, what would you do? You’d be screwed.” You can play with those extremes.

Make anything normal that she talks about sound a little weird, and vice versa. Make anything that she talks about as weird sound perfectly normal. These are great strategies for flipping that power dynamic back and forth. We are playing with the tension. It’s like plucking a guitar string and it creates that playful sexual tension.

Get the **Tease to Please e-book** of mine from the members area. It’s something I’m giving to you guys that are in this program as an added bonus. It’s available I think after about two weeks in the course. You will be able to see it there in the side bar.

Now, I want to give you my universal responses. These are really effective and really basically your joker cards in any conversation. You can use them over and over again. This what makes them so beautiful. You can ask these questions if you’re caught or your stumped or if you’re caught off guard.

If a woman asks you a question you’re not ready to answer it or you’re not sure how to answer it, you can say one of these two things, “Why do you say that?” Or, “Why did you ask that?” Don’t ask it too crazy like you’re defensive like, “Why do you say that?” You just say, “Hmm, why do you say that?” Or, “Why did you ask that?” Off-handedly, matter of fact. Or say something in the effect of, “Hmm, you sounded upset.” That’s when a woman catches you off guard with a change in her mood.

You would be amazed at how effective this one question can be, “Why did you say that?” It’s really, really effective because what it does it deflects drama and it defuses anger if she’s got it. It does both of those. It makes her rethink. She has to rethink to herself, “Okay, why did I say that?” And when she re-explains herself, it never has the same

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emotional punch. She's going to feel foolish. She's going to relook at what she said and be like, "Oh yeah, hmm."

The trick is saying these before your emotions make you say something else like answer the question that's lethal and you didn't know what to say. She catches you off guard with, "Hey, are you some kind of a player?" And then you look at her and go, "Why did you say that?" Instead of saying, "Oh no," or, "Yeah, I'm a player." Which are both can be a very answer if you don't know how to handle that one.

Again, I'm not telling you what to say in this part of the program. I do want to be very clear about that because this is not going to help you to give you or feed you words. As much as you may think, the examples only serve to confuse you because you're going to think, "Oh, that's a good one. I'm going to use that as a technique later on." And inevitably you just fill your head up with a bunch of mush you never use. Use your gut and use simple tactics like that one.

Now, fatal attraction mistakes, let's go through these really quickly. In conversation, never seek validation indirectly with what I call "trial balloons." When you're talking to a woman, you don't want to say things like, "So why do you show up for this date? I didn't think you are into me." Insecure. "So what do you like about me?" Insecure. These are trial balloons that are asking her, "try and validate me" is what you're saying. If this is all after sex talk. Once you've had sex with her, then you can let down the guard a little bit and put a couple of these questions out there, but be careful. Don't make it sound so insecure.

Don't seek logical or rational reasons from her on anything. Don't seek explanations. Don't expect any kind of rational reasoning. "Why did you do whatever?" You want to make sure that you don't get caught up in that pattern of thinking where you're trying to seek some kind of explanation. Number one, it will always be at the whim of her emotions. It will never sound good on the spot. You would be tempted to argue with it. That's the real danger here.

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Breaking the safe social discretion contact. This is a big fatal failure. A woman wants it to be a very private zone between you and her. This is where you have a discreetness about you. You're able to keep things hush-hush. It's a secret zone where it's a bubble where nothing escapes, and it gives her plausible deniability.

She has to believe that you're discreet and you can keep your mouth shut because a woman's reputation is paramount. She has to know that if she were to sleep with you, that it wouldn't get around everybody. Even if she didn't care if did, she has to know that it wouldn't unless she wanted it to.

Think about that saying about Vegas, "What happens in Vegas, stays in Vegas." Why do you think that saying is with women? Guys don't care. Guys will come back and tell every single thing they did in Vegas. Women don't. That's where they go for that bubble of plausible deniability. What happens with you stays with you.

That's the way she should feel and you need to communicate with her. Either let her know indirectly that, "You know what, I don't talk about other people." You don't talk about other people to her in that way and she will know that you won't talk about her to other people.

It also means that you show you don't tell. If you want to have sex, you, A, tell her, "I want you. Let's fuck on the couch right now." B, strong eye contact followed by strong sexualized contact like kissing. If you want to have sex and you're very direct and you take her where you wanted to go, basically if you don't tell her, you basically show her what it is you want her to have and feel.

So sometimes you got to shut off the words and know when to get down to action, the brass tacks. The best thing you can do is strong eye contact followed by strong sexualized contact where you're just looking at her with those smoldering eyes and then you take her like you want

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her. That what's she hoping for. Once you're in that zone, that will happen for you.

Another big mistake in conversation is that guys talk about facts instead of feelings. It's huge. Don't talk about logistics. Don't talk about the numbers and the what, but talk about the how it felt. Talk about experiences as if you are reliving it. It's guaranteed that it will immensely increase the attraction factor in all of your conversations.

Don't talk about the what, the specifics like this book was 350 pages long, but tell her the book is about, "I don't know, it felt like it was like nothing because I read through it in about a day. It just kept me turning the pages. I couldn't stop. I was just so into it." That's how you explain a book and not how many pages it has.

Exercise for you is I want you to eavesdrop on a conversation between two or more women. This is important. Two or more women, pay attention to what they are talking about. Really listen to their words and listen to them. Watch their body language if it's possible. Sometimes you have to do this kind of covertly. See if you can spot what it is that women are not saying as they are talking. You will develop a highly refined sense of female conversation skills just by doing this one exercise. It's the only one I ever recommended. It's really, really effective.

Then mentally later on as you're hearing women talk, you can hear a woman say something and then in your mind respond to her. That way you're using this conversation practice too, "What would I say to her if she said that to me?" It's really effective stuff. You're going to detect things you've never noticed before because now you're not in the conversation. You're not worried about being rejected. You're not worried about all these things. You're not trying to think about how to present yourself. You're just an observer, and it is really powerful.

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Then I want you to counter with typically the conversation skills. Observe, stay present, listen and relax. This is your basic package of conversation skills. It is to observe in the conversation to see what's going on right now. Don't lose track. Stay present. Don't go into the future. Use a part of your body to focus on that keeps you here and now as opposed to thinking about the next thing you're going to say. Listen to what she's saying so you can feedback off of her words and stay relaxed.

These are the critical conversation skills that guys don't really ever get to and don't understand. They are probably the most important part of talking with women. That's how to meet with women, talk to women and flirt with them in a way that you do create the attraction you want.

So there is the how. Again, fast primer on how to meet and talk to women, the why, what and how. Now, I want you to move on to the last module in the main program here which is Seal the Deal, the Closing Skills.

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Module 5 – Seal The Deal

Hey, welcome back to the final module of the Get a Girlfriend Fast program. Now, we are going to hit, I guess, the sweet spot of this program if you will and we are talking about closing. Closing is what a lot of guys think of when they think about escalation or just getting further. You're getting substantial proof that you're actually getting somewhere with this chick. So we've called the section Seal the Deal because that's what it's all about. It's sealing that deal.

We are really just locking in these girlfriend magnets that we've been talking about the whole time through the program. We are locking them in. We are getting her set and we are making sure that we don't lose her interest. It's a lot about what I'm talking about before which is the whole flaking thing, the avoiding the flake, and I'm going to come in to next, but I want to cover first the four deadly fears.

This is a little bit of psychology that you need to know about. The four deadly fears is, well, first of all, why am I discussing it here? I'm talking about closing strategies, why I would be talking about the four deadly fears that guys have? Well, this is where you feel them. This is where the rubber meets the road. It usually stops before you even try. That's why it's so important to understand these fears.

These fears stop you from closing. They stop you from taking action because of, well, primarily two reasons. You want to avoid rejection, and number two, you don't want to ruin what it is you've already worked so hard to get. That's how we get invested in what we've created here. We started a conversation with a woman. We don't want to ruin that by now putting out a possible choice for her that might mean no for us, so you've got to be careful.

Well, it stops you before you try and that's why you need to know about them. If you can understand and manage these fears and you can't get rid of them, you're always going to have them. Remember, the secret of

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confidence of not getting rid of fear, it's learning how to act in spite of fear. That's the true power of real confidence. Most guys are seeking the wrong goal and that's why they always fail.

- Fear of failure is the number one deadly fear. It stops you from approaching and it stops you from closing. Fear of failure, we all have it. We all got to deal with it in some way or another, and this is the one, by and large, you've really got to learn how to just deal with and let it be. Let yourself exist in the same room with it so that it doesn't stop you.

- The next one is the fear of rejection. This one stops you from approaching also. It stops you from going up and talking to her because you're thinking way down the road or you're just thinking about the uncertainty in the interaction. You don't know what's coming next or how to handle the next parts. Well, you use to, but now you do. You know exactly how this goes together step by step by step all the way through the process.

- Fear of success. Fear of success also stops you, believe or not. Your fear of actually winning what it is you want stops you from taking action. Why? Because for, well, there are two different reasons. One is depending on what your self-image is, it may conflict with your self-image. If you've been seeing yourself as a loser and somebody doesn't succeed with women, the fear of success is a very real thing for you. It was for me.

Another reason that fear of success holds you back is that you don't know what to do once you get the first success. So sometimes it's easier to just fail upfront and don't have to worry about all those other unknowns down the road. Trust me, the fear of the unknown is a very big one and it's actually inside all of these that I'm talking about. You're afraid of what you don't know yet or what you haven't encountered. That's really the most crippling fear of all.

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- Of course, the fear of change. Fear of change stops you from learning how to improve your skills, how to improve with women, how to improve in general. So your fear of changing yourself or changing who you are often gets in the way, even when it doesn't really require you to change. You don't have to change yourself or your identity. You just have to change your habits and your actions so that women see a different guy.

So ask yourself, what am I afraid of? This is literally what you do when you encounter one of these fears is you stop yourself and you immediately insert this dialogue.

Stop and go, "Wait, wait, wait, what am I afraid of here?" Break it down rationally right to the core. Get right down to it. "What am I afraid of?" "Oh, I'm afraid she's not going to respond to me." "Well, what would that mean?" "Well, I mean, she's rejecting me." "Well, how can she reject me if she doesn't know me?" "Yeah, that's true."

You see how this goes. When you talk your way through it and think your way through it, you will find that the fear disappears. It really does, but again, most fears are flinched from and never faced. I want you to pay particular attention to the first module, or the first monthly coaching session where I'm talking about this particular area of flinching.

Flinching is what we all do when we come up against the unknown or something that's new to us and we flinch. We pull back. We shy away from it. Most fears are flinched from. We never face them or even stop to have this dialogue, and that's where we get knocked out of the game, if you will. So those four deadly fears will come up and watch out for them when they do.

Flake destroyer. Here is your flake destroyer. First of all, stop making definite and concrete scary plans with women. Those really, really solid, really, really firm plans, they basically sabotage your game, and the plans you do make with women should not be a very high priority. What

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kind of a guy puts a super high priority on this date he just got with a woman? Well, if you think about it, only a guy who doesn't really get a whole lot of dates with women, and what does that tell a woman? What does that telling you?

The kind of guy that you're aspiring to, you've got to look and think outside of your frame. You have to look inside the frame of the guy who you want to be. The guy who you want to be is the guy who is getting success with women. No one woman really particularly bothers him in any way because he knows there is always more on the horizon. Right now looking back on all the years I've dated women, there is a ton of women I don't even think I remember anymore, and it's both a good thing and a bad thing I guess in a way, but it's mostly good. Trust me.

The plans you have with women should be very, very not so important to you so that if she does flake, it's not a big deal, and as I like to say, don't buy stocks, buy options to buy stocks. If you're familiar at all with trading and how stocks work, stocks are actual ownership of a company, but you can buy an option to buy stocks of a company, meaning I am buying the right to buy stocks in that company, but I'm not actually buying it.

And options actually carry value too, but it's a little bit more abstract and removed from the actual stocks that you're buying. So don't buy actual ownership in the woman that you are trying to date or trying to see, buy the options that you're trying to get to do that. The options are more removed so you're not as connected to it and it's easier to let go if you had to.

Leave the plan slightly indefinite and more mysterious. I've talked about this in the program before. The more you do this, the less likely she is going to be to flake. But at the same time, too vague and too indefinite could lead her thinking, "Oh, there is not much there." So you have to balance that. Balance a certain amount of connection with the kind of interest level that you want to have her to have, and at the same time

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giving her enough to realize that she doesn't have enough. She doesn't know enough and she needs to more.

So here is your strategy for flake destruction. Make a tentative plan with her as far as dates go and then make a spontaneous offer. Here is how this works. What you do is one night before you're supposed to meet up with her, let's say you set a coffee date for Thursday and you had set this on Monday. What you do is one night before you're actually supposed to meet up with her on Wednesday night, you call her up and ask her to meet you for a drink.

Just say, "Hey, I just happen to be heading out the door. I'm going to this bar. I thought it would be perfect for you. We totally dig this place. Come on, meet me there." Make it very noncommittal, very spur of the moment. Just very laid back. In case she refuses, you can just make it be like. "Oh okay, no big deal. I just thought I'd throw it at you because I'm heading over there, but I got to get going. Okay, talk to you later." And you get right off the phone. Or if she agrees, good.

She may refuse, but she'll also more likely now to follow through on the original plan because she turns you down for the spontaneous plan. This is ninja stuff here. This really works well.

Then if she doesn't refuse, you now have a more emotionally charged meetup because you already got together on this spontaneous, quick get together where you are not going to spend a lot of time, by the way. It's a very short meeting. Do you see how that works? It's beautiful and it works really well. Plus you're going to sniff out the flakes way in advance, so it's both flake prevention and flake nullification, if you will. That's a very, very effective strategy.

Cancel on a woman. This is another great strategy to use. Listen for the woman and her attitude in how she handles the cancellation. You see, most guys can't even do this. Most guys are so desperate for a date, they just couldn't imagine canceling on a woman. "Are you

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kidding? It took me forever to get this date. I would never get it again, and blah, blah, blah.” They are basically living in that scarcity mindset.

When you can get past that and you feel like you got the attitude a little bit, cancel on a woman, and then listen to her attitude on how she handles you canceling on her. She might be a little disappointed, but she will roll with it and you should learn from the way she responds. Listen to how she responds to you, and you know what, that cancelation is probably going to get you a much more locked-in date for the next one, and that’s another strategy I’m coming to in a second.

Your universal response to women that flake on you or that call you up and say they can’t make it, “No problem. I’ll invite somebody else.” You do that before you really have a serious date or two because you want don’t want to seem too abrasive or like you’re just casting her off. “No problem. I’ll just invite somebody else. Cool though. Thanks for calling.” No emotions. No nastiness. It has to seem like it’s no big deal. Again, only use this one when things are still casual, on the first or maybe second dates. It’s really effective because it’s going to let her know that, of course, you’re in demand and it’s not a big deal to you.

Here is another one. This is what I call the preemptive. It’s cancel on her in advance. Call her up the night before and cancel on her. This will get her more interested since you did the preemptive strike. This is especially important if you suspect she might actually be ready to cancel on you or if it didn’t sound so solid, and then promise to make it up to her, but nothing specific.

“Oh, I’m sorry, I wasn’t even checking my schedule. I didn’t realize I had something going on tomorrow night. Look, I totally want to make it up to you though. Probably this weekend. Can I call you tomorrow morning so we can see what’s going on?” There you go.

Later on, you are going to send some fun texts without any suggested plans in them because you’re again playing with this energy of “You can

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have me, no you can't have me, you can have me, no you can't. Oh, what's going on here. Who knows?" She wants that doubt, my friend, and you need to give it to her. Women thrive. That's where romance is built on is that one drink if she's going to get you. Don't deprive her of that. Give her the gift of missing you, as somebody famous once said. Advanced, but slightly tricky.

Here is another little advanced strategy for you. She flakes. Maybe she either leaves a very late message or she no shows you in some way, call her 15 minutes after the time you're supposed to get together, or pretend that you didn't get her message or text and then apologize for not being able to make it.

You can say, "Oh geez, I'm so sorry, dude. I meant to get there and something came up. I hope you are not waiting long for me, but..." Now, you see how this works? You are basically the one who is saying, "Oh, I'm sorry I couldn't make it." Even though you know that she was flaking on you.

Now, if she points out that she was the one who cancelled first and has to make a big deal out of it, then you just go, "Oh, whew, that's great. I thought I left you hanging there." And then say, "I'll make it up to you." As if you are the one who let her down. You're assuming the frame of the guy who is the one in demand and this is part of that frame.

Anything else is desperation. Anything else is neediness. Anything else is hanging around and waiting on her to make your life happy, and that's not right, my man. You've got to take the right frame. It's a little tricky and I don't always condone using it because I don't like lying, but sometimes, you know what, the end justify the means.

Always give her unfinished business. This is your primary strategy for how you get a woman to not flake on you. It's really the most solid way in the world, and that is always give her something that is unfinished so that she feel like she has to finish it. It bugs us. It drives us crazy to do

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that. It's like watching a two-part show and not seeing the second part. It's just in the back of our head and goes, "You need to go and watch that. You need to go and watch that."

- Maybe it's the CD she wants to hear. You've got a CD from some band that's really obscure and she has never heard it and you say, "Oh cool, sometime I have to play it for you." That's going to sit in the back of her head and it's going to fester and grow.

- Maybe some place she wants to go, but you talked to her about local in town. "Oh, there is a great bar, you wouldn't believe it. They've got like stuff stapled to the walls. It's really totally freaky and wild." Whatever it is with some place cool that she wants to go and see.

- Something she wants to know. This is another good one, like a story you started but didn't finish because you had to leave. You're so busy you had to get going. "Oh, I'll finish that the next time we talked."

- Trivia, it can be a question that she wants answered or some trivia question or something.

- Using a divination tool. This is a rock solid tool for really making sure you get together with a woman. Absolutely, it will make a total difference in the number of follow throughs you get with women. If you learn either palm reading or handwriting analysis, primarily handwriting analysis this works the best with. You can say to her, "You know what, I could do a personality reading of you based on your handwriting."

And I do this, by the way. I actually have learned this and I can give you resources for this, but reading handwriting is a really very effective way of understanding a person and their personality. "I can do yours. Here, write this down." And then you go through the process where she would have to write something as best as she can in cursive and you say,

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“Okay, I’m not going to do here because it kind of like you’d be sitting here watching me and waiting on me. No, I can’t do that. But I’ll take it, and I’ll tell you what, next time we get together, I’ll give you your analysis.”

Golden. She will not want to let that down. She’ll so desperately want that. You might even find her begging you to do it right there on the spot, and you say, “No, no, no, I’m not ready to do this. I mean, I can see some cool stuff in here, but I want to make sure I do it right.” Whatever you do, don’t let her talk you into it.

It’s absolutely a golden way to make sure that the conversation goes again. You know what, you don’t even have to know handwriting analysis. You can just take it and go and have somebody else do it. Or study it based on the kit. You don’t have to know it know it. You can just analyze it given something else. There are resources like I said that I can show you that will allow you learn that fairly quickly.

It’s something she wants. Again, what’s in it for me, it’s all what it comes down to, what’s in it for her? What can you promise her that she cannot have now that she has to see you to get.

Example, here are some more examples, and like maybe an artist that you both like. I’m thinking right off the top of my head. Skrillex, he’s an electronic dance guy. He does dubstep, and you can say something like, “Hey, do you know his real name?” And she will be like, “Oh no, what is it?” You will be like, “No, I’ll tell you next time.” Deliberately holding these things back and kind of teasing her with it is a good way to go. Don’t be too juvenile about it, but do it with a little playful air of, “No, I’ll tell you next time.”

Or maybe you’ve got some rare music from somebody like I was saying before. Whatever you can do to leave unfinished business will basically ensure that you get that next date. That’s where guys go wrong as they

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kind of, I hate to say it this way, blow their wad on the first date, but they do. They don't leave anything to be desired in the next few dates.

All right, so closing for the number. Here is the first close, and we are going to go through them with the rest of the close throughout the rest of this section. First of all, closing for the number is the least important and least significant close of all the steps. Phone numbers are just not a big deal. You don't really, really care at all about getting a phone number. What you care about is getting connection.

The bad pattern is that guys go through like 30 seconds of boring small talk and then they ask for a phone number and think that that's enough to lock her in. They don't know that they are closing their eyes and blinding themselves to the fact they need to work a little bit a connection with her in order for her to want more of it. Don't be that way, man. Understand that you've got to put something in there.

Women will just give you a phone number just to get rid of you. All the time women do that, and it's mostly self-delusioning guys that makes them think, "Oh, I got a phone number. It means something." Focus is incorrectly on this tangible thing rather than solid ability with women. That's what your focus here.

When you have solid ability with women, phone numbers are not a problem. Phone numbers will fall on your lap. Phone numbers will be answered and phone numbers will work. But they won't work until you get that solid core skill with women that I've been teaching you with this whole program.

Beware of her saying, "Oh, you can try giving me a call sometime." That is one of those non-committal "I'm going to flake on you, forget it, this is just me giving you my number to get rid of you" answers. You've got to challenge it. This is chickspeak for "I'm really not interested in you." There are variations on that, but that's what it sounds like mostly, and your response is, "Hey, you know what, I like you, but if you've got a

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boyfriend or you're just not into me, that's cool." Do you see what you're doing there? You're putting it out there so that she has a chance to challenge you back, or to tell you, "Well, yeah, I mean, I don't really think we are in the game together or anything. Are you going to be okay?" "That's cool. It's all I wanted. It saves me from having to call you or bug you." And then you suck it up and move on. You'll get your answer that way, and you'll get the right answer you really do want, and not a flake.

Don't do things to fool yourself into feeling cool or desired. It doesn't work in the long run, and believe me, it will really cripple your self-esteem. Deal direct is my saying. Deal direct with everybody you talk to, especially with women. Just say, "Hey, look, I deal direct, man. I just want to be cool and understand what's going on." So there you go, women will give their number just to get rid of you.

Minimum safe closing method, it's like minimum safe distance. You tell her to take my number. This is how this works. This is the process. You say, "Hey, take my number. Hi, you're pretty cool. Make sure I get your number before I leave tonight." That's an alternate that I really like. When you're talking to somebody if you're at a party or something social, you say, "Hey, you know what, you are really cool. Make sure I get your number before I leave tonight."

And what are you going to find out? If she's interested, she'll give you her number right there. If she says nothing or does nothing, you got to work a little bit more in connection, and of course, you've just set it up anyway, so it doesn't matter if she's just like, "Oh." She doesn't realize that you just kind of cleverly placed it.

Now, you're set. Now, it's kind of in the process. It's in the game. Back to the original, I'm sorry. Tell her to take my number. So tell the woman, "Hey, take my number." Get her to put it into her phone, then tell her to call your phone so that you have hers. "So I won't screen you when you try and call me later." Wink, smile. You see how easy that is. It works like a champ, and it works almost every single time. "Hey, here is my

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number. Put it in our phone.” She won’t refuse that. That would look really weird. It would feel weird and uncomfortable to her.

If she puts it in her phone, get her to call yours back. Just say, “Here, okay, you got it in? Here, hit send.” So now she’s calling you and when you phone rings, “Cool, I got your number. That way I won’t screen you.” It works. It’s the minimum strategy for getting that done.

I personally prefer email. I also take a Facebook from time to time. Either one of those is fine too. Those are actually sometimes better. Whatever, whatever, it just doesn’t mean anything. This doesn’t mean anything. Just that she’s managed to put you off to another less effective communication channel.

That’s what you need to think about this like. You are in person interacting with this girl and anything less than what you have right now, it’s a downgrade. It’s a demotion from where you are right now, so be careful. Don’t get caught up into being deferred into a less effective communication channel. You need to be in person with her to be having the maximum effect.

That’s closing for the number. Now, what about closing for the date? Well, you don’t do that the very first time you meet her. You do that when you get her on the phone. You don’t do that when you meet her, you do that when you get her on the phone. So what you do is you set a time limit of five to ten minutes max when you first call. That’s all you should need. It’s five to ten minutes max. Don’t be distracted. You need to be reading her voice. You need to be paying attention to her and listening to where she’s coming from and listening to what’s going on on her end of the phone, and really reading her because again you’re not in person anymore.

Raise her state back to the level you had it when you met her. You’re trying to remind her why she should see you again. You got to get that energy back up and just kind of joke with her. Find some humor that you

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can call back to from when you first met her, or when you first got together with her. Something along the lines of, “Oh hey, how are you doing, lawyer girl? Are you out there in the shark-infested waters of litigation?”

She’s a lawyer and you’re making fun of that and you had some fun with that, so you can call it back. It reminds her about your interaction and suddenly she’s back in that moment when you two were first talking. If she’s tough to reach on the phone, close her now to meet up. Don’t wait for a second phone call. If she’s really difficult to reach and you have a tough, tough time getting a hold of her, you got to just work on that.

Another alternate method is to cut the conversation short and then call her right back five minutes later and then set the date right there. Just say, “Oh, I just managed to get off the phone with this other guy and I just realized I wanted to get together with you on Friday, and we got to do that. Come on, I got a minute here. Let’s set the date and get it done.” Because that leaves her hanging and that little bit of disappointment she has, “Oh, he didn’t ask me out.” And then five minutes later, you call and she’s like, “Oh.” That has an effect.

If you meet her in person once, then you want a low key, fun meetup. So if you’ve already been in person once before, now you want a low key and fun meetup. No movies unless it’s a short one at her place and you get to choose which one it is. Wine bars are an awesome place to take women. Guys don’t understand how good those are. It’s a little more sophisticated. It’s better than a regular bar. It tends to be a bit more of a lounge atmosphere and very cool, very laid back, and you’re going to meet a lot of women in those places, by the way.

If you haven’t met her in person, maybe it’s a blind date, maybe it’s an online date that you haven’t met her yet, then you want a coffee date. You want a very short, noncommittal date so that you’ve got a chance to meet her and find out more about her.

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Start the date at your place. This makes her comfortable with your place. It makes her comfortable going to your house and being there. Have her meet her. Pull her inside for a minute and get her to have a drink with you, whatever it takes, and then you go out and do what you're going to do. Because she's already been to your house, it's going to be that much easier to get her back there later. Otherwise, it's a big strange question mark in her head.

That's closing for the date. The date blueprint, here is how your date should go. Here is how the date should flow and you want to repeat this and increase the energy every time. First of all, make sure there are some external energy. Make sure there are some external energy wherever it is you're going. You want energy from the outside to help you keep the energy up. You don't want to be one responsible for keeping everything exciting and fun and being the dancing monkey, "Hey, look at me. Ha-ha."

So take her to things like comedy shows, bowling, believe it or not, is a blast for a first date, hiking, aquarium or the zoo. Go to the driving range if you are a golfer or if she's a golfer. Play pool, that one is excellent. I did that one all the time and it works like a charm. Art galleries are really good. Local music if there is a festival. If you want to do something daytime, that's good. Ice skating or roller skating can be kind of fun because you can play that teenager aspect of it. All of these are excellent for first date ideas and have external energy to them. You can think of a billion more. Don't be lazy, just spend a little time on it. Cool shops in your neighborhood, whatever it may be. You can literally do anything.

But that's not the point, the point is how you handle it, and that's why so many guys put so much importance on, "Where do I go for the first date?" It's because you are trying to put all of the responsibility for your first date on something or somebody else. Don't do that. Put some of it there, but not all of it.



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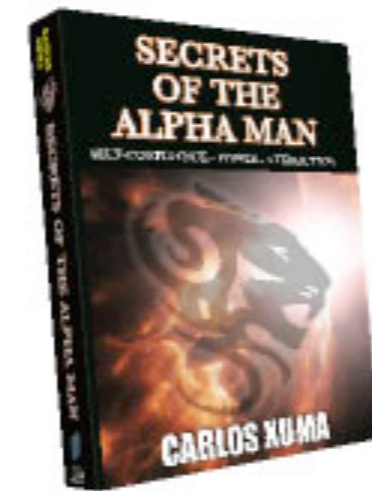
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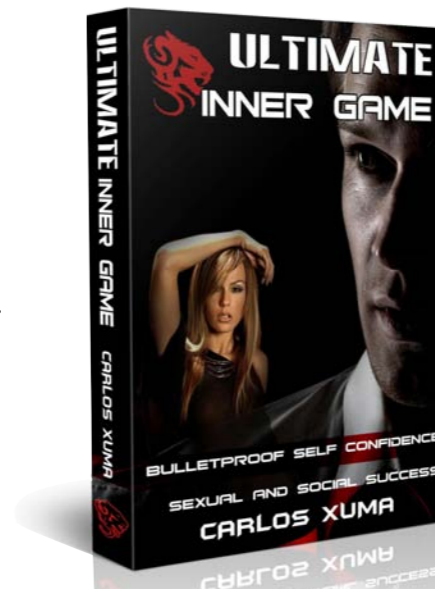
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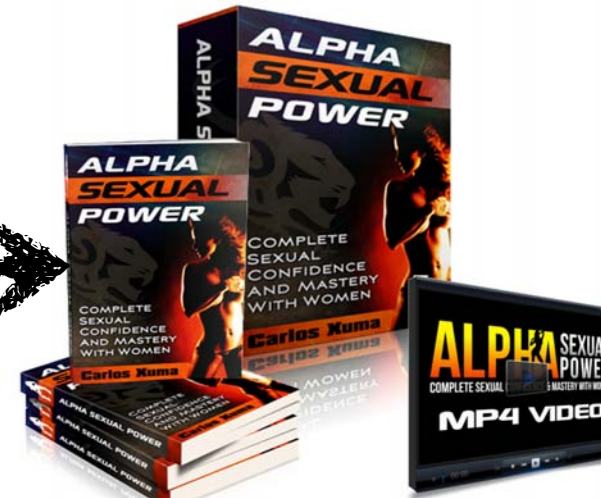
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Meet And Attract Women Path...



How To Approach And Flirt With Women

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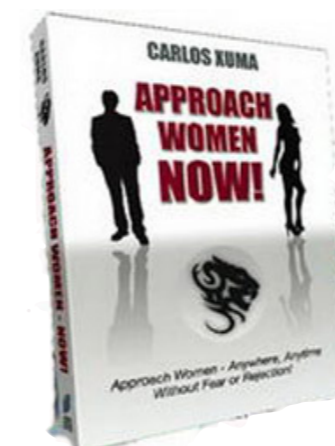


How To Talk To Women

Then...



The Seduction Method



Approach Women - NOW!



Approach Women 2 Real Alpha Daygame



Alpha Man Conversation & Persuasion



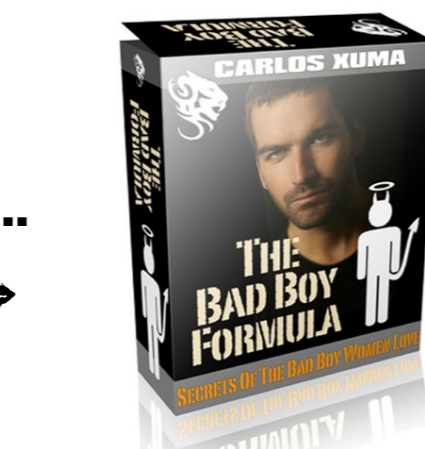
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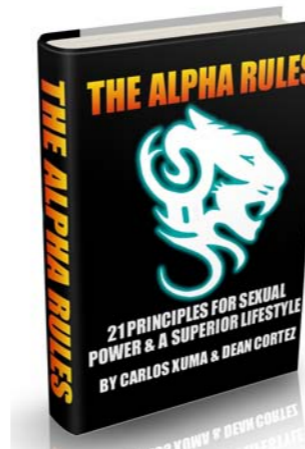
Badass Body Language

Your Next Step...

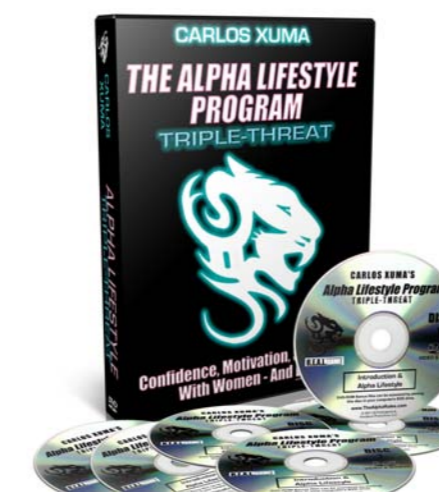


The Bad Boy Formula

Then...



The Alpha Rules



Alpha Lifestyle: Triple Threat



Power Social Skills

STARTING

INTERMEDIATE

ADVANCED

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RATED	ALPHA
A	Required for R.E.A.L. Men

