The measure of a man is his ability to act in spite of his feelings and do what needs to be done

INTRODUCTION

Online dating Speed dating HOT Bars and Clubs
HOT: Hotel bars and clubs! Blind dates Drop "pickup" game 🕤 Warmth and fun Parties
NETWORK! 3 Types of Environments Business networking WARM Spectator sports Concerts On the street Grocery store COLD Malls Shopping Cooking, etc. Classes 6 Yoga We use this question to "step back" from our fear WHERE TO GO: of just going out and taking action The question is its own sabotage The point is never WHERE to go You can meet women EVERYWHERE
ANYWHERE Most people ask the question, shoot down every possibility, and then resign themselves to being alone and hopeless. Play the game on the field! = 48 new introductions per week Do the math:
Go out 4 nights
4 hours per night
3 approaches per hour = 2496 per year Where do you go? When? Map your day out What could you do to increase your opportunity ratio? Note: Just increase your time and awareness where you normally go EXERCISE: Opportunity-Consciousness Watch out for resistance Ask yourself: where do you WANT to meet women? Is that where you spend your time now? Same process every time: MHC = Meet, hook, close I cannot possibly give you every response Your job is simply to hang in there for the SHORTEST period of time REMEMBER: Slowly expand that window Always ON Always looking for opportunities After years of coaching - most guys mess up talking to women not because of their opener ... They mess up because they are trying to act like the guy they THINK Beware the "actor" she wants, and trying to be someone else so that she can't ever "reject" him. It's ego insurance. CORE ATTITUDE They act very UN natural Knowledge APPLIED is power. Knowledge is not power...

/ So don't try to learn everything and memorize the Game. The game is played on the field. Make it FUN 🕒 If it's not fun, your subconscious mind will sabotage you and stop you. Hey, Hi, Yo, Hello ... Use a brick to open the window: 6 Excuse me Hey guys... Real quick... I've ony got a few seconds... Establish time limit: I can only stay a minute ... COLD = Intrusion I know you're busy but... "I know you're busy, but I wondered if you knew any good restaurants in this area...?" EXAMPLE: @ "I can only stay a minute... I just wanted to let you know how awesome that dress looks on you. You've got a good eye ... " For really attractive women (9s and 10s) EXAMPLE FOR HOT WOMEN: "Look, I figure you're probably really shy because men don't pay ANY attention to you, so I thought I'd be nice and come over and give you a little attention." You can literally say ANYTHING "I really like how feminine and girly you are... I see so many women acting like guys and trying to be tough." "Hey, I can only stay a minute, but I wanted to tell you that you've got a really great energy about you." Hey, I was just on my way out but I knew I'd kick myself if I didn't WARM/HOT = Welcome But since that's not enough... come over and say Hi. My name's ... " "Hey, I saw you standing here and I wanted to meet you. My name's..." "Hey, you're kinda cute. Can you help me pick up chicks?" SMILE "Hi, do you know what time it is?" - Pause - "I don't need the time, I just wanted an excuse to flirt with you. My name's ... " "I don't usually do this ... " Open "I know you're probably going somewhere..." EXAMPLE: "We obviously don't know each other ... " "But I just had to say you have a really positive energy about you..." "Hey, I realize you're with your friend ... Leverage true statements that she must agree with "And obviously we don't know each other yet..." EXAMPLE 2: "I've got to get back to work/whatever..." "But I wanted to say..." STEALTH OPENERS "Hey, I saw you ladies having fun over here..." EXAMPLE 3: "You seem like you know how to enjoy yourselves..." "My name is..." Use pacing techniques "Excuse me..." Observation "I just had to let you know that you have a really great energy about you." TYPES: "I knew that if I didn't come over and say hello, I'd be kicking myself later." Question

Based on curiosity* Smart Compliment THIS IS A HUGE MISTAKE You won't remember them in the heat of the moment DON'T SPEND YOUR TIME MEMORIZING OPENERS! Choose ONE and commit it to memory and use it all the time... Don't let yourself get sick of it - dial it in! Turn your head toward her, turn your body away at a 45 degree angle. Approach body language: The more she faces you, the more you face her. The more direct you can make your opener, the better. Approaching groups is easier than approaching a lone woman Do not give her permission to reject you. She can only reject herself FOR you. SFR: Simple F*&Sing Rule
Don't approach women that look hostile or otherwise unfriendly GOAL: No dates! Only phone numbers, email, or facebook These will shift your focus to solutions, not the fear of approaching her ASK THE QUESTIONS: Hey, she's hot. I wonder if she's interesting enough for me. Let's go find out. 2. I wonder if she's got what I'm looking for. What can I notice about her - or what she's doing - that I can comment or ask a question about... You approach to find out if she's somebody you want to get to know. That's it. If she acts uninterested, she's telling you she's the wrong kind of woman. Don't worry about the "intrusion" - JUSTIFY IT! Carry 80% of the conversation in the first 2-3 minutes Use an open-ended question to test for this After this point, it should shift to her slightly If she isn't contributing actively after 3-5 minutes, move on She has to be asking you questions She has to be actively seeking to touch you

MUCH more important than her accepting your touch GOAL: She has to be accepting what you tell her to do Compliance 6 Adapting to accomodate your lifestyle and values Be fun & playful Be a challenge Be slightly unpredictable FUN & EXCITING Be passionate Meet Be social Be noticeable without being obnoxious This is a whole set of social skills to develop ... RE: "Funny" Not necessary on the approach

But if you have it, use it Watch a TON of stand-up comedy "Wow, have you ever seen so many people here on a Saturday?" 1. What's going on around you "What brings you to the__" Compliment her on her CHOICES HERE'S WHAT YOU TALK ABOUT: Something about her: O not compliment directly Make her feel like she's got it "together" "That's a great dress/outfit/look" 3. A direct observation

"That guy looks like he just raided Neil Diamond's wardrobe. Should we report him?" The Girlfriend Blueprint Core Steps: She will answer either emotionally or logically "What would you say are your 3 most positive qualities?" (Sexual answers are preferred, but they're just another kind of emotional answer) WARM HOOKUP: You want a mix of both emotional and logical REMEMBER: All answers must be accepting and non-judgmental Trust Connection CONNECT in conversation
Find a way to get her to feel: Safety She touches you <a>
 Possible play slap She laughs at your jokes You'll know when you've gotten past her shields when: She asks you your name SIGNALS: She faces you, gives strong eye contact, and is responsive Your goal is to have her feel TRUST & SAFETY while excited by ATTRACTION (a) ATTRACTION is first, because if she feels enough attraction, she will ignore safety Voluntary or if you ask You will know she's into you when:

She does things for you Let her invest in you She's already trying to disqualify you, so Don't talk about or joke about shortcomings or flaws don't help her Calibration! You have to set a tone for it early, and maintain it Conversation Totally messing up their teasing or "cocky/funny" Most guys wait until after 5 minutes of small talk where they've already set the tone and it seems incongruous Just like everyone Even flaking Women do NOT like confrontation or discomfort Don't make a big deal out of ANYTHING You are too busy to notice these things FATAL ATTRACTION KILLERS: Don't complain or emotionally punish (a) If you call her on her shit, she will avoid you Women interpret She want's to "chew" on it Being TOO direct Learn to communicate indirectly No woman ever broke up with a guy because she "couldn't figure him out" She will rarely act on it adversely to you You're creating a "story" for her <a> She needs a fairy tale to live out Any attempt to steer her approval will be frowned upon Avoid apologies of ANY kind. Only when you make a legitimate error 1) Never give a direct answer . If you do, it's denial - "No." 2) Answer questions with questions "What are you doing Saturday?" 👵 "Why, were you planning on cooking me dinner?" "Pick me up at 7:30" becomes "I'll get you at 8:30." 3) Avoid giving her exactly what she asks for Switch the plan on her. 4) Send mixed signals CONSTANTLY (a) Be nice, but tease relentlessly Show her something different every time Different clothes 5) Don't be boring or predictable Different opinions Different places Eject when you need to Hang up the phone Walk away 6) Always control the ripcord If you feel yourself slipping down the pattern that ends up with her not wanting you, cut it off and go home Take a break FAST FIXES: Go home/end the date Know how the date will go, and lead her through it 7) Be one step ahead in the plans Be decisive

What to order, where to go Call her bluffs! Raise them if possible 8) Play it like you've got the winning hand "Hey, buddy... keep it up and I'll go home..." 🥚 "Sure. Don't let the door hit you on the ass." Example: 6 "You're not. But I'll give you a chance, because you seem "I don't think you're my type..." like you MIGHT be cool." When you fly a kite, the string has to have the right amount of tension 9) Fly her like a kite Too much, snaps Too little, dives Often it's a test Two steps forward, one step back 10) If she moves forward and really gets attracted, you must pull away a bit Most guys do this wrong "Hey, it was fun talking to you. I gotta get going." Turn to leave... Turn back Standard Ripcord: "Hey, you know, we might want to continue this conversation sometime. Give me your number and we'll connect again." Look down at your phone and wait. Close She won't call you She'll know you're a tool NEVER let her take your number without getting hers, too If she really wants to talk to you, she'll let you call her NEVER say that it's 'not a date'
Or water it down in any way NEVER accept a declaration of "friends only" or other pretense she sets up Most guys can't do this when all they can see is their own desire for her "I gotta warn you, I can be a little high maintenance. Prizing: Demonstrating that YOU are the one to be won or sought I like back rubs, being cooked breakfast, getting love notes..." High maintenance gambit: "I like it when girls take care of me." EXPECT what you want HOOK her with a REASON to see you again, AND curiosity (a) And don't lost the trust Qualification comes after you've hooked her interest Best way to do this is QUALIFICATION Disagree with her, and see how she handles it <a> "Meh... I don't know about that...." Hook A Tactical Magnets: Disagree with a taste she has, but nicely ... "Meh, I'm not all that into U2 anymore..." Shared interests

Weak Judgments about the world Shared observations Review the Meyer's Briggs "types" Connect on multiple levels Shared experience Find an emotional state that you related to

Communicate your experience Living overseas... Shared hopes and dreams
Future desires Family (?) Get her to take some kind of action that demonstrates her investment and her level of attraction ABC - Always be closing This is the only REAL signal there is! Every man that gets good at meeting women runs into it No one tells you how to get past it He's got a gimmick and a fast, repeatable model to get women into his life, BUT The Problem: No way to establish real connection 1. To avoid heartbreak
PS: EVERY woman will show up for something that benefits her 2. Buyer's remorse 🕒 You communicated low status 🍵 Her brain caught on later on Least confrontational way of letting you down 3. She was never into you to begin with Not enough connection or attraction WHY WOMEN FLAKE: 4. Likes the attention

Enjoys feeling desired Better than nothing 5. You're a BTN She's hoping something better will come along, but until then - you'll do The Flake Barrier You've done it, too! Check your reality! But I hardly know you Think back to what happened and look for clues Sometimes she tells you in advance: Do you ask every woman for her number I bet you do this all the time If she's a busy, fun chick, she's going to be in demand Close SOMETIMES it's legit Don't let this become a place of sacrificing your status and dominance Watch out for HARD TO GET syndrome Always give her a reason to see you again - BENEFIT "So you're really cute, but what should I know about you beneath the surface ...?" The Secret: Always get her to qualify herself to you "I don't know if I'm into girls who" WIIFM! Close for her number Close for her date Close for the kiss You will always be in a position to CLOSE her Close for another date Close for sex ULTIMATE close...

Marry her Etc. "Do something sometime..." Don't do the "nice guy" noncommittal of: Sounds like you're just trying to avoid rejection Be clear about what you want to do But don't be too structured and needy about setting the date "Escalation" You must take every opportunity you connect with her The only exception to this rule is when you're trying to break a pattern to "close" her on something more than before Leave her with less than she's ever gotten to leave her with doubt The unknown method of securing interest/checking temperature Send occasional texts that "add value" to your new interest PING But don't get all caught up in interpreting!

Watch her responses

Just read the "vibe"

Singles events

```
Without a strategy for this, you will be waiting for random chance and serendipity 💮 How's that worked out for you so far?
WHY
            You must have a repeatable process
                                             Humm
                                             Practice resonating
              SKILLS: O Vocal Tone
                                                                er
                                             Remove fillers
                                                                like
                                                                 Just think of what you're going to say,
                                                                 or pause if you need to.
                                                                   1) Initiate curiosity/interest/attraction
                                                                   2) Create sexual tension
              FOUR STEPS OF SEXUAL INTEREST (MAGNETIZING):
                                                                   3) Build the attraction

    Escalate (Move it forward physically)

                                           She restarts the conversation*
                                          She giggles and laughs with you*
                                           She touches you*
                                           She calls you
                                           She returns your call
                                           She asks you where you're going
                                           She buys you a drink
                                           She introduces you to her friends*
                                           She looks for your reaction
                                           She maintains strong eye contact
              Indications of interest:
                                           She asks if you have a girlfriend
                                           She smiles a lot at you
                                           She initiates the conversation
                                           In a group, she's outspoken to get attention
                                           She compliments you
                                           She's playful
                                           She challenges you
                                           She makes up a fun nickname for you
WHAT
                                           Her friend goes to the bathroom but she stays
                                          She doesn't pull back when you move in close
                                     Avoidance - eye contact, touching, conversation, calls
                                     Pretending not to hear you or not listening well
              Indications of NO
                                     Doesn't contribute to the conversation after several minutes
                                     Turns away or looks away - or starts talking to someone else
                                     She won't go along with you or invest in any way
                                          Demonstrate that other women want you
                                          Leader of men
                                          Support and protect people that are important to you
                                                                       When she says something - no matter WHAT -
                                                                      it doesn't affect you or push your buttons
                                          Indifference to opinion
                                                                       Non-reactive!
              Show you have VALUE:
                                          Socially intelligent 👵 Conversationally savvy
                                          Teasing and busting her balls
                                           Not being needy
                                          Being fun 😑 Humor
                                          Confidence and assertiveness
                                          Socially popular
                                                                                                      Drama queen
                                                                                                     Immaturity/violent tendencies
                                                                                                     Emotional issues
                                               Always be on the lookout for red flags in behavior:
                                                                                                     Shut down 🕣 "Frigid"
                                                                                                     No friends
              Screen for the "impurities":
                                                                                                     Unstable behavior
                                                                             "You're cute, but is there more to you beneath the skin?"
                                                                             "Which of your parents do you get along with the most? Why?"
                                               Ask questions to qualify:
                                                                             "What are your three best qualities?"
                                                                             Power Questions
                                                                        Like trying to lock in another date while
                                                                        you're still on this one.
                             Don't talk about anything "obligating"
                                                                        The more free she feels, the more free she feels she is to
                                                                        want something.
             The Rules:
                             When talking to a group of women, keep your energy and enthusiasm slightly
                             higher than theirs
                                                       You want them to feel more and more interested,
                             Create MOMENTUM
                                                       having more and more fun, creating more and more attraction
                                                          Comes from sales & fiction
                                                                                              Empire Strikes Back
                                                                                              Examples of open loops
                                                          Really important in storytelling
                                         Open loops
                                                                                              Unfinished/unresolved tension
                                                                                              Even if forgotten, leaves her wanting more
                                                          Use them everywhere
                                                                   If she starts talking about something that is negative or changes her mood in the negative - CUT IT OFF
                                         Interrupt & Amputate
                                                                                           Useless trivia
                                                                   Pattern interrupt:
                                                                                          Mike the Headless Chicken
                                                                              Communicate qualities
                                                                              Qualify her
                                                      WHAT STORIES DO:
                                                                              Connect with her
                                                                              Establish trust
                                                                              Engage her interest
                                                      Use only short stories at the start
                                         Stories
                                                      Longer stories later - only when you know you've got her interested
                                                      Communicate emotions
                                                                                                           This is tough for nice guys
                                                      Leave a few hanging - and don't go back to them
                                                                                                           Need to be understood and "heard"
                                                      Write a few out - the way master speakers do
                                                      No monotone! | practice reading into a recorder
                                         Get her to talk more than you
                                                          Unless you're really good at them
                                         Avoid jokes
                                                          And then you should only use 1
                                                                                             Tell a story about something embarrassing 

Childhood
                                                                                            Tell her a secret about your life
                                                               Exposing a vulnerability
                                         Lifting the Armor
                                                                                             Avoid whining or really emotionally tragic stories
                                                               Avoiding vulnerability comes across as fake and insincere
                                                                         Would you get an obvious tattoo if it meant saving a species from extinction?
                                                                         Would you ever turn a relative of yours in to the police?
                                                                         What are you doing to make the world a better place ...?
             TECHNIQUE MAGNETS:
                                                                         If money were no object, what would you do with the next year?
                                         Leverage Power Questions
                                                                                                                             Her past
                                                                                                                             Her family
                                                                         Ask provocative questions that are more subtle:
                                                                                                                             Her friends
                                                                                                                             Her job
                                                                                                                             Her dreams
                                                              Simply reverse psychology
HOW
                                                                                                                  You don't put women on pedestals like 90% of the population
                                                              Implication is that you are the prize, the desired
                                                                                                                  Gives her permission to be "bad" 

Women want this!
                                         Role Reversals:
                                                                              "Wow, are you always this forward?"
                                                                              "I need to know you better before we get physical..."
                                                              Examples:
                                                                              "Did you just grab my ass?"
                                                                              "You just want me for my body..."
                                                        Not "negs"!
                                                        This is NOT optional
                                                        Simply give her a hard time over something
                                                        Joe Polish example 🍵 The faster you cut through the small talk BS, the more everyone gets REAL
                                                                        "Oh my god. You're one of THOSE girls..."
                                                                        "Does your mom know about this?"
                                         TEASING:
                                                                        "O-kay... I think I need to call a cab..."
                                                        Examples:
                                                                        "You are SUCH a girl..."
                                                                        Take whatever she says to an extreme
                                                                        Make anything normal that she talks about sound weird 🥛 Vice-versa
                                                        This creates playful sexual tension
                                                        Get the Tease to Please Ebook from the members area 🍵 available after 2 weeks
                                                                  Why do you say that?
                                                                  Why do you ask that?
                                                                  Hmm. You sound upset...
                                         Universal Response:
                                                                                                                               Deflects drama
                                                                  You will be AMAZED at how effective this one question is
                                                                                                                               Defuses anger
                                                                  The trick is saying them before your emotions make you say something else
                                                                                                         "So, why'd you show up? I didn't think you were into me..."
                                                 Never seek validation indirectly with "trial balloons"
                                                                                                         "So what do you like about me?"
                                                                                                         After sex talk.
                                                 Don't seek logical or rational reasons from her on anything <a> "Why did you X?"</a>
                                                                                                 She wants and expects there to be a private "zone" with you.
                                                                                                                            She has to believe you are discreet and can keep your mouth shut
                                                                                                 Plausible Deniability!
                                                                                                                            Her REPUTATION is paramount!
                                                 Breaking the safe social discretion contract
                                                                                                 Vegas?
                                                                                                 What happens with you, stays with you.
                                                                                                                                                                             A) Tell her, "I want you, let's fuck on the couch."
                                                                                                 Also means that you show, don't tell. 

If you want to have sex, you:
                                                                                                                                                                             B) Strong eye contact, followed by strong sexualized contact. (Kiss)
             FATAL ATTRACTION MISTAKES:
                                                                                             Don't talk about logistics
                                                 Talking about facts instead of FEELINGS
                                                                                             Talk about the EXPERIENCE - as if you're reliving it
                                                                Eavesdrop on a conversation between two (or more) women
                                                                Pay attention
                                                 EXERCISE:
                                                                LISTEN
                                                                Watch their body language See if you can spot what they're NOT saying
                                                                Add in your own responses mentally later
                                                                                                Observe
                                                                                                Stay present
                                                 COUNTER WITH: 

Conversation Skills:
                                                                                                LISTEN
                                                                                                Relax
```

How To Meet & Talk To Women

Get Rid Of The Nice Guy | http://www.carlosxuma.com/badboys





